

medicine podcasts for medical students

medicine podcasts for medical students serve as an invaluable resource for today's aspiring healthcare professionals. These podcasts offer a convenient and effective way to supplement traditional medical education with up-to-date clinical knowledge, expert insights, and practical advice. As medical students face increasingly demanding schedules, podcasts provide a flexible learning platform that can be accessed anytime and anywhere, making complex concepts more accessible. This article explores the best medicine podcasts for medical students, highlighting their educational value, content focus, and how they align with the needs of learners in the medical field. Additionally, it discusses the benefits of incorporating podcasts into study routines and provides tips for maximizing their utility. The comprehensive guide concludes with recommendations for top podcasts that cover a broad range of medical topics, ensuring students stay informed and engaged in their studies.

- Benefits of Medicine Podcasts for Medical Students
- Key Features to Look for in Medicine Podcasts
- Top Medicine Podcasts for Medical Students
- Tips for Integrating Podcasts Into Medical Education
- Future Trends in Medical Education Podcasts

Benefits of Medicine Podcasts for Medical Students

Medicine podcasts for medical students provide numerous advantages that enhance traditional learning methods. These audio resources allow students to absorb information passively while commuting, exercising, or completing routine tasks, thereby maximizing productivity. Podcasts often feature expert interviews, case discussions, and summaries of recent research, which help students stay current with medical advancements. Additionally, listening to diverse perspectives through podcasts can deepen understanding and improve clinical reasoning skills. The flexibility and accessibility of podcasts also support varied learning styles, catering to auditory learners and those seeking reinforcement outside of textbooks and lectures. Ultimately, medicine podcasts contribute to a well-rounded educational experience by combining convenience, engagement, and comprehensive content coverage.

Supplementing Traditional Medical Curriculum

Podcasts supplement the traditional medical curriculum by reinforcing complex topics covered in lectures and textbooks. Medical students can revisit difficult subjects, such as pharmacology or pathology, through clear and concise podcast episodes. Many podcasts break down complicated concepts into digestible segments, facilitating easier retention and recall. This supplementary approach helps students prepare for exams, clinical rotations, and board certifications.

Enhancing Clinical Skills and Practical Knowledge

Medicine podcasts often emphasize real-world applications, presenting clinical cases and expert advice that enhance practical knowledge. Students gain exposure to patient management strategies, diagnostic reasoning, and treatment guidelines, which are critical for clinical proficiency. This experiential learning element bridges the gap between theory and practice, fostering confidence and competence in future physicians.

Key Features to Look for in Medicine Podcasts

Selecting the right medicine podcasts for medical students requires consideration of several key features that ensure educational value and engagement. Not all podcasts offer the same quality or relevance, so understanding what to prioritize is essential for effective learning.

Credibility and Expertise of Hosts

The credibility of podcast hosts is paramount. Medical students should seek podcasts hosted by qualified healthcare professionals, educators, or experts with recognized experience in medicine. Expert hosts provide accurate, evidence-based information and insights drawn from clinical practice or research, ensuring reliability.

Content Relevance and Scope

Podcasts should cover topics relevant to medical students' curricula, including anatomy, physiology, pharmacology, pathology, and clinical skills. A broad scope that encompasses multiple specialties and current medical trends enhances the learning experience. Episodes focused on exam preparation, clinical pearls, or

recent medical research add further value.

Format and Length

The format and episode length impact how well podcasts fit into busy student schedules. Concise episodes, typically between 15 to 45 minutes, are ideal for focused learning without overwhelming listeners. Formats that include interviews, case discussions, and Q&A sessions keep content engaging and dynamic.

Accessibility and Availability

Podcasts should be easily accessible on popular platforms and compatible with various devices. Availability of transcripts or supplementary materials can further aid comprehension. Consistent release schedules help students rely on podcasts as a steady educational resource.

Top Medicine Podcasts for Medical Students

Several medicine podcasts have gained popularity among medical students for their high-quality content and educational impact. These podcasts address a range of medical topics, helping students deepen their knowledge and stay updated.

1. **Medical School Headquarters** – Offers practical advice on medical school success, residency applications, and career development.
2. **EM Basic** – Focuses on emergency medicine fundamentals with case-based discussions ideal for clinical application.
3. **The Undifferentiated Medical Student** – Covers diverse medical topics, exam tips, and insights into various specialties.
4. **Docs Outside the Box** – Explores the humanistic and wellness aspects of medicine, emphasizing physician well-being.
5. **Sawbones: A Marital Tour of Misguided Medicine** – Delivers medical history with humor and critical thinking about past and present medical practices.

Medical School Headquarters

Medical School Headquarters is tailored to medical students navigating the complexities of their education and future careers. The podcast provides strategic guidance on studying efficiently, managing stress, and successfully matching into residency programs. Episodes often feature interviews with medical educators and admissions experts, offering valuable perspectives.

EM Basic

EM Basic is a resourceful podcast for students interested in emergency medicine. It presents clinical cases and practical tips that sharpen diagnostic and treatment skills. The engaging format promotes active learning essential for the fast-paced emergency department environment.

Tips for Integrating Podcasts Into Medical Education

Incorporating medicine podcasts for medical students into daily study routines can significantly enhance learning outcomes. Effective integration requires planning and purposeful engagement with podcast content.

Set Specific Learning Goals

Before listening, students should set clear objectives, such as mastering a particular topic or preparing for exams. Targeted listening ensures time is spent productively and information retention is optimized.

Combine Podcasts with Active Note-Taking

Taking notes while listening helps reinforce key points and facilitates review. Summarizing important concepts and clinical pearls can aid long-term memory and application in clinical settings.

Utilize Podcasts for Review and Reinforcement

Podcasts are especially useful for revisiting challenging material or refreshing knowledge before exams and

clinical rotations. Regular review through podcasts complements other study methods and strengthens understanding.

Create a Consistent Listening Schedule

Establishing a routine, such as listening during commutes or daily workouts, helps maintain consistent exposure to educational content. Consistency fosters cumulative learning and keeps students engaged throughout their medical training.

Future Trends in Medical Education Podcasts

The landscape of medicine podcasts for medical students continues to evolve, integrating technological advancements and educational innovations. Emerging trends indicate a growing emphasis on interactivity, personalization, and multimedia integration.

Interactive and Case-Based Learning

Future podcasts are expected to incorporate interactive elements such as quizzes, case simulations, and audience participation. These features will enhance engagement and critical thinking, making learning more immersive and effective.

Personalized Learning Experiences

Advancements in artificial intelligence and data analytics may allow podcasts to offer personalized content recommendations based on students' progress and interests. Tailored learning paths can optimize knowledge acquisition and skill development.

Integration with Other Digital Resources

Podcasts will increasingly complement other digital tools like apps, online courses, and virtual reality simulations. This multimodal approach supports comprehensive medical education tailored to diverse learning preferences.

Frequently Asked Questions

What are the best medicine podcasts for medical students in 2024?

Some of the best medicine podcasts for medical students in 2024 include 'The Clinical Problem Solvers,' 'EM Clerkship Essentials,' 'Sawbones: A Marital Tour of Misguided Medicine,' 'The Undifferentiated Medical Student,' and 'Core IM Podcast.' These podcasts cover clinical reasoning, core medical knowledge, and interesting medical cases.

How can medicine podcasts benefit medical students?

Medicine podcasts provide flexible learning opportunities, allowing medical students to absorb information during commutes or workouts. They enhance clinical reasoning, expose students to real-world cases, supplement textbook knowledge, and keep students updated on recent medical advances.

Are there podcasts specifically tailored for medical students preparing for exams?

Yes, podcasts like 'EM Clerkship Essentials' and 'Core IM Podcast' focus on high-yield topics relevant for exams such as USMLE Step 1 and Step 2. They often break down complex concepts into digestible episodes that align with exam requirements.

What features should medical students look for in a medicine podcast?

Medical students should look for podcasts that are evidence-based, regularly updated, feature expert hosts or guests, cover relevant clinical topics, include case discussions, and have an engaging presentation style to maintain interest.

Can medicine podcasts replace traditional textbooks and lectures?

Medicine podcasts are a valuable supplement but should not replace traditional textbooks and lectures. They are best used to reinforce learning, provide clinical context, and offer diverse perspectives, while comprehensive understanding requires textbooks and formal instruction.

Are there free medicine podcasts available for medical students?

Yes, many high-quality medicine podcasts are freely available on platforms like Apple Podcasts, Spotify, and Google Podcasts. Examples include 'The Clinical Problem Solvers,' 'Sawbones,' and 'The Undifferentiated Medical Student,' which provide free, accessible content for learners.

How often should medical students listen to medicine podcasts?

The frequency depends on individual schedules, but listening to a few episodes per week can help reinforce learning without overwhelming students. Consistent engagement, such as during commutes or study breaks, maximizes benefits.

Do medicine podcasts cover specialties beyond general medicine?

Yes, many medicine podcasts cover a wide range of specialties including emergency medicine, pediatrics, surgery, psychiatry, and more. Podcasts like 'EM Clerkship Essentials' focus on emergency medicine, while others may delve into specific fields to broaden students' knowledge.

Additional Resources

1. *Medicine on the Mic: A Guide to Medical Podcasts for Students*

This book offers a comprehensive overview of the best medical podcasts tailored for students. It highlights how audio learning can complement traditional study methods and improve clinical reasoning. Readers will find curated podcast recommendations along with tips on how to integrate listening into a busy medical school schedule.

2. *Audio Anatomy: Harnessing Podcasts for Medical Education*

Focusing on anatomy and physiology, this book explores how podcasts can make complex topics more accessible. It reviews specific series that break down challenging concepts through storytelling and expert interviews. The book also discusses strategies for active listening and retention.

3. *The Medical Student's Podcast Companion*

Designed as a companion guide, this book helps students navigate the vast world of medical podcasts. It categorizes shows by specialty and learning goals, making it easier to find relevant content. Additionally, it covers the role of podcasts in exam preparation and clinical skills enhancement.

4. *Clinical Cases and Conversations: Learning Medicine Through Podcasts*

This title emphasizes case-based learning via podcasts, illustrating how real-life clinical scenarios are discussed in audio formats. It encourages students to engage with case discussions to sharpen diagnostic and management skills. The book also includes summaries and reflection questions for deeper understanding.

5. *Podcasts in Medical Education: Strategies for Success*

A practical guide that outlines effective methods to incorporate podcasts into medical study routines. It addresses time management, note-taking, and critical appraisal of podcast content. The book also explores the emerging trends in podcasting within medical education.

6. *Beyond the Textbook: Podcasts as a Learning Tool for Medical Students*

This book advocates for the use of podcasts as an enriching supplement to traditional textbooks. It discusses

the benefits of auditory learning and exposure to diverse expert perspectives. Readers will find guidance on selecting high-quality content and balancing podcast listening with other study methods.

7. From Lecture Halls to Headphones: Medical Learning in the Digital Age

Exploring the shift towards digital and mobile learning, this book highlights the rise of podcasts as a popular educational medium among medical students. It reviews various podcast formats, including interviews, panel discussions, and narrative storytelling. The book also considers the impact of podcasts on student engagement and knowledge retention.

8. Medicine in Your Ears: A Student's Guide to Audio Learning

This guide focuses on maximizing the benefits of audio learning through podcasts, audiobooks, and recorded lectures. It offers practical advice on multitasking, creating playlists, and using podcasts for revision. The book also addresses common challenges such as distraction and information overload.

9. Sound Medicine: Enhancing Clinical Skills with Podcasts

Targeting clinical skill development, this book explores how podcasts can improve communication, empathy, and decision-making. It features interviews with clinicians who share insights and experiences through podcast platforms. The text encourages reflective practice and continuous learning beyond the classroom.

Medicine Podcasts For Medical Students

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medicine podcasts for medical students: Health Informatics: Practical Guide for Healthcare and Information Technology Professionals (Fifth Edition) Robert E Hoyt, Nora Bailey, Ann Yoshihashi, 2012 Health Informatics (HI) focuses on the application of information technology (IT) to the field of medicine to improve individual and population healthcare delivery, education and research. This extensively updated fifth edition reflects the current knowledge in Health Informatics and provides learning objectives, key points, case studies and references. Topics include: HI Overview; Healthcare Data, Information, and Knowledge; Electronic Health Records, Practice Management Systems; Health Information Exchange; Data Standards; Architectures of Information Systems; Health Information Privacy and Security; HI Ethics; Consumer HI; Mobile Technology; Online Medical Resources; Search Engines; Evidence-Based Medicine and Clinical Practice Guidelines; Disease Management and Registries; Quality Improvement Strategies; Patient Safety; Electronic Prescribing; Telemedicine; Picture Archiving and Communication Systems; Bioinformatics; Public HI; E-Research. Available as a printed copy and E-book.

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setting who require concise, highly practical guidance that incorporates the latest best practice and evidence-based guidelines. The Textbook of Paediatric Emergency Medicine provides clear, concise and comprehensive information to support clinicians in what can be a challenging area to provide care. It not only covers diagnosis and management of all common presentations, but it also includes practical tips on communicating with both patients and their families. As a companion book to Cameron's Textbook of Adult Emergency Medicine, this volume is specifically tailored to the educational needs of emergency medicine trainees, but is also expected to benefit others working in the emergency setting including paramedics and emergency nurse specialists. - Concise chapters and key point boxes allow for the quick and easy retrieval of information - Comprehensive coverage of all major topics that present within paediatric emergency care - Practical tips on communicating with patients and their families - All key topics updated to include latest available evidence - New section on COVID-19 and Infection control - Expanded and enhanced coverage of the use of ultrasound in emergency care - An enhanced eBook version is included with purchase. The eBook allows you to access all the text, figures and references, with the ability to search, customise your content, make notes and highlights, and have content read aloud

medicine podcasts for medical students: Strategic Narratives in Political and Crisis Communication: Responses to COVID-19 Victoria Ann Newsom, Lara Lengel, Christian Alexander Vukasovich, Anca Birzescu, 2022-10-05

medicine podcasts for medical students: Digital Health, AI and Generative AI in Healthcare Terry Adirim, 2025-04-25 The purpose of this title is to provide a comprehensive foundation for all medical professionals and healthcare-professions students in understanding Artificial Intelligence (AI). With the advent of generative AI, including the release of Open AI's ChatGPT in 2022, the world entered a new age of rapid advancements in technology that will significantly change the way clinicians practice medicine, operate healthcare institutions, and conduct research. At the heart of this penetrating book is the idea that medical schools, medical training programs and other health education institutions must undertake a key role in developing AI literacy for clinicians across the spectrum of medical education that includes all health professions. Moreover, assert the authors, AI literacy should be incorporated within medical school curriculums as a core competency, as well as into graduate medical education training programs and continuing medical education courses. This timely and easy-to-read guide offers a wide range of chapters that discuss the core concepts and issues relating to AI in medicine, including a basic understanding of algorithms, machine learning, large language models and natural language processing, the limits and pitfalls of AI, ethical and legal issues, the evolving regulatory landscape around AI, as well as how AI is currently being used in healthcare, to name just several compelling topics. Additionally, AI technologies will change how medical school curriculums are delivered and how student competencies are assessed, maintain the authors. Therefore, medical educators will not only need to rethink how and what medical information is conveyed to students during formal instruction, but also must be prepared for AI-powered programs being used to assess students and trainees for the purpose of licensure and board certification. A timely and soon-to-be gold standard resource in the field, Digital Health, AI, and Generative AI: A Concise, Practical Guide for Clinicians will be of great interest to medical professionals, trainees, administrators, policymakers, and anyone interested in the fast-evolving intersection of digital technologies and healthcare.

medicine podcasts for medical students: Podcasting for Learning in Universities Gilly Salmon, Palitha Edirisingha, 2008-07-16 Podcasting for Learning in Universities details several examples of research to practice for the successful use of podcasts in Higher Education, drawing from studies in the UK, Australia and South Africa. The book offers a practical transferable model and guidelines for integrating podcasts in higher education contexts. There is a dedicated website at www.podcastingforlearning.com with further links and examples. The sheer range of ideas for using podcasts shown by the case studies, will hopefully spark off a number of ideas for ways in which practice in one subject can be re-used in another. Case studies covering reflective learning, active learning, students voices, fieldwork, distance learning and learning transferable skills, show that

podcasts are flexible enough as a medium to deliver effective learning outcomes regardless of the subject. ESCalate, 2nd October 2008. To read more of the ESCalate review click [here](#). This book is exactly what is required for a wide range of potential readers - it is practical, yet derived from research; it is focused on student learning, yet has a technical component; it is leading-edge, yet it draws on many case studies. Professor Robin Mason, The Open University, UK I recommend this book to all academics in higher education. Peter Bullen, Ford Professor of Automotive Engineering, University of Hertfordshire, UK This book shows how podcasts can help transform the teaching and learning experience in Higher Education...a blueprint for podcast use. Professor David Nicol, University of Strathclyde, Scotland The students' views are represented strongly throughout the book, which helps to make it a compelling and extremely worthwhile read. Dr Linda Creanor, Glasgow Caledonian University, Scotland Finally, a Podcasting Bible for education! Mazlan Hasan, Senior Instructional Designer, National Institute of Education, Singapore The 10-step pedagogic model for developing podcasting provides an essential step-by-step guide for anyone venturing into this area for the first time. Richard Wallis, TwoFour Learning After reading this book, I am attracted to offering another flexible learning choice. Podcasting affords active learning whether individual, cooperative or collaborative contributions, either formal or informal. Denise Nelson, Course Designer, SIAST Virtual Campus, Canada Contributors: Marialuisa Aliotta, Simon Bates, David Bell, Keith Brunton, Chris Cane, Annette Cashmore, Claire Chambers, Brian Cox, Chris Dennett, Stuart Downward, Palitha Edirisingha, John Fothergill, Derek France, Martin Jenkins, Mark J. W. Lee, David Livingstone, Jo Lonsdale, Kenny Lynch, Raymond Macharia, Matthew Mobbs, Richard Mobbs, Nick Mount, Dick Ng'ambi, Ming Nie, Chris Ribchester, Libby Rothwell, Gilly Salmon, Nick Short, Adam Stevens, John Traxler, Belinda Tynan and Kim Whittlestone.

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medicine podcasts for medical students: Medical Education in Pulmonary, Critical Care, and Sleep Medicine Patricia A. Kritek, Jeremy B. Richards, 2019-05-14 This is a book for clinician educators. It offers modern, evidence-based practices to use in teaching learners at a range of levels, with an emphasis on concrete strategies that teachers can implement in their own clinical practices as well as in small and large group settings. Medical education is rapidly changing with emerging evidence on best practices and a proliferation of new technologies. As strategies for effectively teaching medical learners evolve, it is important to understand the implications for Pulmonary, Critical Care, and Sleep Medicine (PCCM). This text is structured to allow easy access to the reader. Chapters are organized around level of learner (e.g., medical student to PCCM fellow to practicing physicians) as well as the location of teaching. Given the variety of clinical settings in which PCCM physicians teach, specific consideration of best practices, broad changes in curricular design and pedagogy are considered in different clinical contexts. Each chapter begins with a focus on why the topic is important for clinician educators. A review of the available evidence and relevant medical education theory about the topic follows, with examples from specific studies that provide insight into best practices regarding the concepts and topics discussed in the chapter. For chapters focusing on learners, different environments are considered and similarly, if the focus is on the learning environment, attention is paid to the approach to different learners. Each chapter ends with a summary of the primary points from the chapter and concrete examples of how clinician teachers can put the concepts discussed in the chapter into practice. This is an ideal guide for educators in pulmonary, critical care, and sleep medicine.

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inspirati

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Emergency medicine attendings who wish to hone their teaching skills can find a number of books on educational strategies written by physicians from other disciplines. However, until the publication of the first edition of this book, they did not have access to a text written by emergency medicine physicians on methods of teaching that are directly applicable to teaching EM. This book was compiled to meet that need. Following the introductory section, which provides important background information, the book's contents are organized into 4 sections that correspond to the core needs and interests of EM educators: Section 2 focuses on practical and ethical considerations of teaching in the ED; Section 3 provides strategies for teaching specific groups of learners; Section 4 looks at the skills that are characteristic of the best EM educators; and Section 5 looks indepthly at specific teaching techniques and strategies. Now more than ever this book addresses the needs of physician educators from all over the world. New chapters discuss lecturing to an international audience; using simulation as a teaching tool; how to make journal club work for you, and other topics that are of broad interest to medical educators in this field. In general, each chapter has been updated and reviewed to make sure the content was something that emergency physician educators could use in any country. The chapter contributors are widely regarded as leaders in the field of emergency medicine education and faculty development. Authors were given free rein to develop their chapters and write in their own style. They were asked to present their personal views on how to successfully teach the art of emergency medicine, rather than review evidence-based guidelines regarding medical education. As a result, most of the chapters have few references. This first-person approach to a multi-authored textbook yields a compilation that varies in style from chapter to chapter and exposes the reader to a variety of communication techniques.

medicine podcasts for medical students: Fostering Meaningful Learning Experiences Through Student Engagement Ktoridou, Despo, Doukanari, Elli, Eteokleous, Nikleia, 2020-10-02
Educators are continuously seeking ways to engage their students in active learning processes and are faced with challenges that include engaging students in learning activities, promoting meaningful learning experiences, and providing effective experiences for every student. Studies that investigate instructors' experiences are limited since more focus is given to students. Future research calls for teachers' innovative contributions in introducing new strategies and teaching approaches to further involve students, increase student attendance in online sessions, and employ a variety of technological tools. *Fostering Meaningful Learning Experiences Through Student Engagement* is an essential reference source for the latest scholarly information on curriculum development, instructional design, and pedagogical methods for fostering student engagement learning initiatives. The book examines engagement and meaningful learning techniques in both face-to-face and online instruction. Covering topics that include active learning, language learning, teacher experiences, and teacher-student relationships, this book is ideally designed for teachers, instructional designers, curriculum developers, academicians, researchers, professionals, and students that believe that stronger or improved student engagement should be their instructional objectives and wish to engage students in learning activities that promote meaningful learning experiences.

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ABC of Learning and Teaching in Medicine is an invaluable resource for both novice and experienced medical teachers. It emphasises the teacher's role as a facilitator of learning rather than a transmitter of knowledge, and is designed to be practical and accessible not only to those new to the profession, but also to those who wish to keep abreast of developments in medical education. Fully updated and revised, this new edition continues to provide an accessible account of the most important domains of medical education including educational design, assessment, feedback and evaluation. The succinct chapters contained in this ABC are designed to help new teachers learn to teach and for experienced teachers to become even better than they are. Four new chapters have been added covering topics such as

social media; quality assurance of assessments; mindfulness and learner supervision. Written by an expert editorial team with an international selection of authoritative contributors, this edition of ABC of Learning and Teaching in Medicine is an excellent introductory text for doctors and other health professionals starting out in their careers, as well as being an important reference for experienced educators.

medicine podcasts for medical students: The Breaking of Our Healers Robert Abbott, 2022-09-13 Medical education is a daunting and strenuous endeavor. Less than six months into medical school, my health had deteriorated into an abyss until the unexpected happened. God found His way in. In *The Breaking of Our Healers*, I share the inexplicable story of how I resurrected my being, and discovered an approach to medicine that I never knew was possible. Together, we'll walk through my arduous years of medical school and residency, to unearth the deep fractures within our broken medical system that smother the possibility for compassion, love, and healing. Within each page, I offer an intimate account of my life as a medical student and resident physician, struggling to reconcile my values with my demanding profession, find love, and discover the ways that we all can truly heal.

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and highly effective. - Fully revised and updated throughout, including protocols and guidelines that are continuously evolving and that increasingly dictate best practices. - New chapter on Professionalism and Social Media Applications. - Expanded coverage of cost-effective emergency medicine, as well as weapons of mass destruction including chemical, biologic, and radiologic weapons; explosives; and tactical medicine. - Top 100 Secrets and Key Points boxes provide a fast overview of the secrets you must know for success in practice and on exams. - Bulleted lists, mnemonics, practical tips from leaders in the field – all providing a concise overview of important board-relevant content. Multiple-choice questions online provide opportunities for further self-assessment. - Portable size makes it easy to carry with you for quick reference or review anywhere, anytime.

medicine podcasts for medical students: The Mental Health of Medical Students Andrew Molodynski, Sarah Marie Farrell, Dinesh Bhugra, 2024 Recent research has found high levels of stress and burnout amongst medical students, leading to students dropping out or leaving the profession early. This book explores burnout in medical students from across the globe, and provides ideas for a model of care to help educators and individuals take steps towards better student wellbeing.

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