

i feel like i bombed my interview

i feel like i bombed my interview is a common sentiment experienced by many candidates after an important job interview. This feeling can be overwhelming and lead to self-doubt, but it is essential to understand that perceived failure does not always equate to an actual loss of opportunity. Many factors contribute to this sensation, ranging from nerves and unexpected questions to misinterpretation of one's performance. Addressing these concerns with a clear strategy can help regain confidence and improve future outcomes. This article explores why candidates often feel like they bombed their interviews, how to assess the situation objectively, and what steps to take next to enhance job search success. Additionally, it provides practical tips for managing post-interview anxiety and preparing more effectively for upcoming interviews. The following sections outline key insights into handling the aftermath of an interview that felt unsuccessful and turning that experience into a positive learning opportunity.

- Understanding Why You Feel Like You Bombed Your Interview
- Evaluating Your Interview Performance Objectively
- Common Reasons for Interview Anxiety and Self-Doubt
- Actions to Take After Feeling Like You Bombed Your Interview
- Strategies to Improve Future Interview Results

Understanding Why You Feel Like You Bombed Your Interview

Feeling like an interview went poorly is a psychological response often triggered by high expectations

and the pressure to perform. This emotional reaction may not accurately reflect the interviewer's perception or the actual quality of the interview. Understanding the root causes of this feeling is the first step toward managing it effectively.

The Role of Expectations and Perfectionism

Many candidates enter interviews with the expectation of flawless performance. When minor mistakes occur, they disproportionately influence the overall self-assessment, leading to the sensation of failure. Perfectionism can exacerbate feelings of inadequacy, even when the candidate demonstrated sufficient skills and qualifications.

Impact of Nervousness and Stress

Interview settings naturally trigger stress responses, which can affect memory recall, speech fluency, and body language. These physiological effects may cause candidates to believe they underperformed, even if the interviewers remain impartial or understanding.

Misinterpretation of Interviewer Reactions

Non-verbal cues or neutral responses from interviewers might be misread as signs of disapproval. Candidates often interpret pauses, note-taking, or clarifying questions as negative feedback, although these behaviors frequently indicate engagement or information processing.

Evaluating Your Interview Performance Objectively

After an interview, it is crucial to assess performance based on facts and evidence rather than emotions. Objective evaluation helps distinguish between actual shortcomings and perceived mistakes.

Reviewing Your Answers and Responses

Reflect systematically on the questions asked and the answers provided. Identify strong responses that showcased your skills and knowledge, as well as areas where you may have struggled. This approach facilitates specific improvements rather than generalized negative judgments.

Considering Interviewer Feedback and Signals

Any feedback provided during or after the interview should be carefully analyzed. Positive comments or expressions of interest may contradict feelings of failure. Conversely, constructive criticism can guide future preparation.

Seeking External Perspectives

Discussing the interview experience with a mentor, career coach, or trusted colleague can provide valuable insights. External opinions often help balance subjective impressions and highlight strengths or weaknesses unnoticed by the candidate.

Common Reasons for Interview Anxiety and Self-Doubt

Understanding the psychological and situational factors that contribute to interview anxiety can help mitigate the pervasive feeling of having bombed an interview.

Lack of Preparation

Insufficient preparation often leads to uncertainty during interviews, resulting in poor performance or perceived failure. Knowing the company, role requirements, and common interview questions is critical to building confidence.

Fear of Negative Evaluation

The fear of being judged harshly by interviewers can cause excessive self-criticism. This anxiety may cloud objective assessment and amplify the feeling that the interview was unsuccessful.

Previous Negative Experiences

Past interviews that ended unfavorably can influence current perceptions, creating a pattern of expecting failure. This mindset can become a self-fulfilling prophecy unless consciously addressed.

Actions to Take After Feeling Like You Bombed Your Interview

Constructive steps following an interview that felt unsuccessful can transform the experience into an opportunity for growth and career advancement.

Allow Time for Emotional Processing

Initial disappointment is natural and should be acknowledged. Taking a short break to process emotions prevents hasty judgments and promotes clearer thinking.

Write a Post-Interview Reflection

Documenting impressions, questions asked, and responses given helps identify patterns and areas for improvement. This practice also supports better preparation for future interviews.

Send a Thoughtful Thank-You Note

Expressing gratitude for the opportunity reaffirms professionalism and keeps communication lines open. A well-crafted thank-you message can positively influence the interviewer's perception despite

any perceived missteps.

Continue Applying and Preparing

Maintaining momentum in the job search reduces the pressure on a single interview and increases chances of success. Continuous preparation and practice refine interviewing skills over time.

When Appropriate, Request Feedback

Some employers provide feedback upon request. Constructive criticism from the interviewer can offer targeted insights to improve future performance.

Strategies to Improve Future Interview Results

Implementing effective strategies enhances confidence and reduces the likelihood of feeling like an interview was bombed.

Comprehensive Interview Preparation

Thorough research about the company, role, and industry equips candidates to answer questions confidently and ask insightful questions themselves.

Practice Mock Interviews

Simulated interviews with peers or professionals help identify weaknesses and improve communication skills. Rehearsing common questions improves response quality and reduces anxiety.

Develop Stress Management Techniques

Techniques such as deep breathing, visualization, and mindfulness can calm nerves before and during interviews, promoting clearer thinking and better performance.

Focus on Strengths and Achievements

Highlighting accomplishments and relevant skills boosts self-assurance and provides concrete examples that impress interviewers.

Maintain a Positive Mindset

Viewing each interview as a learning experience rather than a pass/fail test helps reduce pressure and encourages continuous improvement.

- Prepare thoroughly for each interview
- Engage in regular practice sessions
- Use relaxation techniques to manage anxiety
- Reflect honestly on performance to identify growth areas
- Follow up professionally after interviews

Frequently Asked Questions

I feel like I bombed my interview. What should I do next?

Take some time to reflect on the interview, identify areas for improvement, and send a polite thank-you email to express appreciation for the opportunity.

How can I recover my confidence after feeling like I bombed an interview?

Focus on what you learned from the experience, practice common interview questions, and remind yourself that one interview does not define your abilities.

Is it common to feel like I bombed an interview even if I did well?

Yes, many people experience self-doubt after interviews. Sometimes nervousness or high expectations can make you feel that way despite a good performance.

Should I follow up if I feel like I bombed my interview?

Yes, sending a thoughtful follow-up email can reinforce your interest and professionalism, and might help offset any negative impressions from the interview.

How can I improve for future interviews after feeling like I bombed one?

Practice with mock interviews, research the company thoroughly, prepare answers to common questions, and work on your communication skills.

What are signs that I actually bombed my interview?

Signs can include a very short interview, lack of engagement from the interviewer, or being told they

will contact you but then hearing nothing for a long time.

Can I ask for feedback if I feel like I bombed my interview?

Yes, it's appropriate to politely request feedback in your follow-up email, although not all employers provide it.

How do I handle negative thoughts after feeling like I bombed an interview?

Practice positive self-talk, focus on your strengths, and remember that every interview is a learning experience that brings you closer to your goal.

Could feeling like I bombed my interview affect my chances of getting the job?

Feeling that way doesn't necessarily mean you performed poorly; interviewers may see your potential differently, so it's important to stay hopeful and keep applying.

Additional Resources

1. Failing Forward: Turning Mistakes into Stepping Stones for Success

This book explores how failure, including poor interview performances, can be transformed into valuable learning experiences. It provides practical strategies to analyze what went wrong and how to improve for future opportunities. Readers are encouraged to adopt a growth mindset to overcome setbacks and build resilience.

2. The Interview Recovery Guide: Bouncing Back After a Bad Interview

Focused on helping job seekers recover from disappointing interviews, this guide offers actionable advice on self-reflection, follow-up communication, and re-strategizing for the next chance. It emphasizes maintaining confidence and turning perceived failures into motivation. The book also

includes real-world examples of successful comebacks.

3. From Bombed Interview to Dream Job: A Roadmap to Career Redemption

This book outlines a step-by-step plan for those who feel they have failed an interview but still want to land their ideal job. It covers how to assess weaknesses, improve interview skills, and leverage networking. Inspirational stories highlight how persistence can lead to eventual success.

4. Interview Anxiety to Interview Success: Overcoming the Fear of Failure

Addressing the emotional side of interviews, this book helps readers manage anxiety and negative self-talk that often follow a disappointing interview. It provides techniques for mindfulness, preparation, and confidence-building. The goal is to empower candidates to perform better and feel more in control.

5. The Art of the Post-Interview Follow-Up: Turning a Bad Interview Around

Learn how to craft effective follow-up emails and communications that can salvage a poor interview impression. This book explains the nuances of professional etiquette and how to reinforce your interest and qualifications after the fact. It offers templates and sample messages to guide readers.

6. Resilience in Job Hunting: How to Keep Going After Setbacks

This motivational read focuses on building mental toughness during the job search process. It teaches readers how to cope with rejection, including bombed interviews, without losing momentum. The book includes exercises to maintain positivity and focus on long-term goals.

7. Mastering the Interview Mindset: Preparing for Success Even After Failure

This book emphasizes the importance of mindset in interview preparation and recovery from mistakes. It guides readers through shifting perspectives, learning from feedback, and staying motivated. Practical tips for continuous improvement and self-assessment are key features.

8. Job Interview Mistakes: What Went Wrong and How to Fix It

A diagnostic approach to common interview errors, this book helps readers identify specific missteps that may have led to a poor interview outcome. It offers targeted advice on communication skills, body language, and answering tough questions. Readers learn how to avoid these pitfalls in future

interviews.

9. *Rebuilding Confidence After a Failed Interview*

This book focuses on emotional healing and confidence restoration following a disappointing interview experience. Through exercises, affirmations, and real-life stories, readers are guided to regain self-belief. It also discusses how to prepare mentally for upcoming interviews with renewed assurance.

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i feel like i bombed my interview: Brooklyn Girls Gemma Burgess, 2013-07-02 A spoiled twentysomething in New York City must find a job or be forced to leave her friends and move in with her parents in this sassy series debut. Meet Pia. Sharing a brownstone in New York City with your best friends from college sounds like a dream come true, right? . . . Wrong. It's a total freaking nightmare. Meet the Brooklyn Girls. Pia, Julia, Coco, Madeline, and Angie are starting adult life together. But only spoiled, sophisticated Pia gets fired after topless part pics appear on Facebook. (Oops.) Now she's unemployed, unemployable, and broke—with a deadline. Get a job, or go live with her parents and leave New York forever. Who knew adulthood would be so damn grown-up? Pia takes on hipster bees, one-night stands, heartbreak, parental fury, wild parties, revenge, jail, loan sharks, playboys, karaoke, true love, and one adorable pink food truck, all in her quest to find out what she really wants in life—and how she's going to get it. Meanwhile, party-girl Angie's redefining "crazy in love," sweet Coco's longtime love has finally made a move, shy Madeline has discovered her inner bitch, and CEO-in-training Julia wishes she could just go back to college, where life was simple. Praise for Brooklyn Girls "I tore through this hilarious book, laughing out loud and realizing more than once that my jaw had dropped open. Gemma has created a witty and wonderful world of surprising modern heroines." —Joanna Goddard, *A Cup of Jo* "Fast, fresh, and very funny . . . the ultimate page-turner for anyone trying to figure out what she wants in life and how the hell she's going to get it." —Kim Gruenfelder, author of *Wedding Fever* and *There's Cake in My Future* "A sassy summer confection." —The New York Times

i feel like i bombed my interview: Viral Video Secrets: Skyrocket Your YouTube Channel with 3 Tricks Pradeep Maurya , Pritee Maurya, 2025-07-16 Viral Video Secrets: Skyrocket Your YouTube Channel with 3 Tricks Struggling to grow your YouTube channel? Tired of posting videos that barely get views despite hours of effort? Viral Video Secrets: Skyrocket Your YouTube Channel with 3 Tricks is your ultimate guide to cracking the YouTube algorithm and turning your channel into a view-generating powerhouse. This ebook reveals three game-changing strategies to boost your video rankings, attract subscribers, and build a loyal audience—without wasting time on ineffective tactics. What Problem Does It Solve? Many aspiring YouTubers pour their heart into content creation but see little growth due to poor visibility and low engagement. This ebook solves that by

teaching you how to optimize your videos for YouTube's algorithm, increase click-through rates, and create content that resonates with viewers, driving rapid channel growth. Key Features: Three Proven Tricks: Learn three powerful, easy-to-implement techniques to make your videos go viral, from crafting irresistible thumbnails to mastering keyword strategies. Algorithm Insights: Understand how YouTube ranks videos and use this knowledge to get your content discovered. Engagement Hacks: Discover practical tips to keep viewers watching longer and turn casual viewers into loyal subscribers. Step-by-Step Guidance: Follow clear, actionable steps tailored for beginners and seasoned creators alike. Time-Saving Shortcuts: Avoid common pitfalls and focus on what works to grow your channel fast. Who Is It For? This ebook is perfect for aspiring YouTubers, content creators, small business owners, and digital marketers looking to leverage YouTube for growth. Whether you're just starting or stuck at a plateau, these strategies will help you skyrocket your channel's success. Why Choose This Ebook? Unlike generic guides, Viral Video Secrets distills years of YouTube expertise into three core strategies that deliver results. Packed with real-world examples and no fluff, this ebook is your shortcut to YouTube stardom. Call-to-Action: Ready to transform your YouTube channel? Download Viral Video Secrets: Skyrocket Your YouTube Channel with 3 Tricks now and start creating viral videos today! Don't miss out—grab your copy and unlock the secrets to YouTube success!

i feel like i bombed my interview: The Big Break Ben Terris, 2023-06-06 No one gets today's Washington like Ben Terris...THE BIG BREAK is the definitive accounting of 'how it works' in this ongoing post-Trump (pre-Trump?) maelstrom. I just imbibed this book. —Mark Leibovich, author of This Town In this fascinating investigation into the real life inner workings of a post-Trump American government, uncover the odd and eccentric personalities grappling for their own bit of power in D.C. The Big Break investigates how Washington works, and how different kinds of people try to make it work for them. Ben Terris presents an inside history of this crucial moment in Washington, reporting from exclusive parties, poker nights, fundraisers, secluded farms outside town and the halls of Congress; among the oddballs and opportunists and true believers. This book is about the people who see this moment as an opportunity to bet big—on their country or maybe just on themselves. It will take a close look at Washington's bold-faced names as they try to get their bearings on the post-Trump (and possibly pre-Trump) landscape. And it will introduce readers to the behind-the-scenes players — MAGA pilgrims and Resistance flamekeepers and shapeshifting veterans — who believe they know what Washington, and America, must do if they're going to survive, or even thrive. Trump's arrival in Washington represented a big break in how the city operated. He surrounded himself with outsiders; power structures reorganized around those who knew him or his family and those who could flatter and influence his base. He changed the way the game was played, only it wasn't actually a game at all. When pro-Trump elements both inside and outside of government plotted to overturn his loss in the 2020 presidential election, the Capitol became a combat zone, then a military fortress. It was, to put it lightly, a destabilizing time. But how much did the Trump years really change Washington? Has Joe Biden's presidency heralded a return to normal, as many had hoped? What did 'normal' mean before Trump, and what do people think it means now? The Big Break will follow a cast of D.C. characters in search of answers to these questions. They are a diverse crew—a pollster with a gambling habit, an oil heiress with a big heart, a cowboy lobbyist, a Republican kingmaker who decided to love Trump and his right-hand man who decided he couldn't any longer. They all share at least one thing in common: They had seen their country go through a Big Break, and they'd come to get theirs.

i feel like i bombed my interview: Technically Yours Denise Williams, 2023-12-05 "You'll laugh, you'll swoon, and you'll root for Pearl and Cord's happy ending.—New York Times bestselling author Carley Fortune LibraryReads Pick Eight years ago, he fell in love with a stranger he couldn't have—today, she's back in his life and the sparks between them threaten to set her career on fire. Pearl Harris has learned the hard way to be careful in work and in love. She has the chance to make lasting change at OurCode—a nonprofit aimed at inspiring high schoolers to code—but a recent scandal puts its reputation at risk. Further complicating things, Pearl didn't expect the one man she

never stopped thinking about to join as the newest member of her board of directors. Cord Matthews fell for Pearl when they met in an elevator eight years ago. She's just his type: smart, capable, and makes him laugh, but when she broke his heart, he decided love wasn't for him. When they reconnect after years with no contact, Cord is tempted to consider breaking his ban on serious relationships. But going public with a romance between them might derail Pearl's career and the progress she's made at OurCode. While Pearl and Cord are both hesitant to trust their feelings and take a risk, it soon becomes impossible to keep ignoring the electricity between them. Cord is a skilled programmer, but a workplace romance might spell disaster for both of them--and love isn't easily debugged.

i feel like i bombed my interview: *Working for a Better World* Dr. Carolyn Y. Woo, 2015-04-08 God makes promises and keeps them, and these promises are about love for us. During every challenge, every disappointment, I have held on to this. Carolyn Woo grew up in Hong Kong, a city of refugees who had fled from the communist government in China, as her own parents had done. Relatives crashed on their couches and brutal stories of Red Guards filtered through, but the ferment of the time fueled a drive to create opportunities. Wasting no time, Carolyn earned her doctorate in the United States and eventually became the highly successful dean of the Mendoza School of Business at Notre Dame. And then Catholic Relief Services offered her the position of CEO and President of the global humanitarian arm of the United States Conference of Catholic Bishops. Initially not interested, Carolyn eventually accepted the position for which her faith, education, business experience and personal background uniquely equipped her. Working for a Better World is an engrossing account not only of Dr. Woo's own life, but of the ongoing critical work of CRS in meeting the needs of the poor, the traumatized, and the needy throughout the world. From typhoon-flattened cities in the Philippines to earthquake-devastated Haiti, CRS is there before the TV cameras arrive and there after they leave. And there in over 100 countries-helping subsistence farmers and health-care workers, orphans and refugees-in those neglected places where the cameras never come. We must be docile and attentive to the cry of the poor and to come to their aid, Pope Francis has said. And in doing so, Dr. Woo affirms, we never know when or how we will encounter God.

i feel like i bombed my interview: How a 24-Year-Old Achieved Financial Freedom Jason J. Lee, 2024-12-03 How did a twenty-four-year-old become a multi-millionaire and earn over a hundred thousand dollars a year in passive income? Did he do anything different? No. Did he have any special talents? No. Does he come from money? No. Author Jason Lee picked the road less traveled, had goals that were too crazy to tell anybody, and went all in. In How a 24-Year-Old Achieved Financial Freedom, Jason reveals his struggles, his biggest money maker, and how he was able to accomplish his goals faster than 99.99 percent of self-made people. The best part? Now you can do it too!

i feel like i bombed my interview: That Sucked. Now What? Dr. Neeta Bhushan, 2024-01-30 Now in paperback: The Brave Table podcast host offers a practical five-stage framework to embrace the possibilities in chaos, normalize sucky human moments, overcome setbacks with grace, and fly forward every time. "A powerful handbook for anyone rebuilding themselves after life-altering moments to fly forward. — Jim Kwik, New York Times best-selling author of Limitless You know those awful, terrible, sucker-punch moments in life? The ones that knock you down, burn you up, or make you cringe so hard you wish it was all a bad dream? Probably--because we all do. These epic, messy, oh-no-oh-crap moments of chaos are just part of life--yet, as Dr. Neeta Bhushan shows us, they're also beautiful opportunities for change. As co-founder of the Global Grit Institute, a mental health training platform for leaders and coaches, co-founder of the Dharma Coaching Institute, training thousands to live their best lives, and a thriving coach in her own right, Neeta Bhushan has helped thousands of people move past their heartbreaks, failures, and disappointments. And after years of research into human behavior, observing people in their worst and best moments, being a mother of two small children, and failing more than a few times herself, Neeta knows what it takes to get back up no matter what bowled you over. Available in paperback for the first time, That Sucked, Now What? is a real-talk guide to personal growth that draws on and embraces the

suck-and helps you break through to lasting, audacious resilience. You'll learn why it's so hard to get back up when stuff goes down, how four core components of your life shape your individual Bounce Factor, and how to navigate the five stages of the Fly Forward framework through Falling, Igniting, Rising, Magnifying, and on to Thriving. Along the way, Neeta shares successes and failures of her own, from the wonderful to the WTF, in an indispensable book to pull off the shelf whenever life serves up a setback, no matter the size. If you're someone who feels that life just isn't going your way, read this book. Dr. Neeta lays out actionable tools for overcoming obstacles and building your resiliency so you can get that extra push toward your dream. — Vishen Lakhiani, New York Times best-selling author of *The Buddha & the Badass*

i feel like i bombed my interview: *A Convenient Scandal* Kimberley Troutte, 2019-02-01 New York Times–Bestselling Author: All he wants is to build a luxurious hotel—but his marriage of convenience is becoming inconveniently distracting . . . “I will get married . . . But it sure as hell won't be for love.” A compromising viral video has ruined Jeffrey Harper's reputation. But his father's offer for a new start comes with strings. To develop a luxury resort at Plunder Cove—a stretch of land on the California coast that's been in the family for generations—the celebrity hotelier must first settle down . . . with an arranged marriage. That suits the cynic fine, until aspiring chef Michele Cox whets his appetite for something spicier than a contract would allow . . .

i feel like i bombed my interview: *Losing My Religion* William C. Mills, 2019-01-15 After four years of college and six years in seminary, William Mills was ready for a parish--or so he thought. He didn't realize much of his time would be endless discussions about bagels and coffee, digging ditches, and parking lot condom patrols. For six years, community life was just humming along. Then disaster struck. Mills' life came crashing down when nearly a third of his congregation left in a public power play, causing him to question his faith in himself, in the church, and in God. Marva Dawn, a noted writer of spirituality and ministry, said that being a pastor is like being peppered with popcorn: after a while, you just get tired of it, pack your bags, and move on. However, as Mills himself says, I was either too stubborn or stupid, so I stayed. *Losing My Religion* is about the ups and downs, ins and outs, choices and challenges of being a pastor in the twenty-first-century church. It's also about the redemptive power of community life and finding healing and wholeness in a broken world.

i feel like i bombed my interview: Daughters Betrayed by their Mothers Holli Kenley, 2018-02-14 “The daughters' stories touch upon the deepest and darkest of pains: knowing you have a mother... but you don't. *Daughters Betrayed By Their Mothers: Moving From Brokenness To Wholeness* is an intimate exploration into the lives of daughters who were wounded by their mothers and who chose wellness over victimhood. Each daughter's unique story of recovery is a testament to the power of choice, perseverance and resilience. Readers are invited to journey alongside the daughters, grabbing hold of healing lifelines and moving from broken places to whole spaces within. Do you feel your mother did not show up for you in the ways you needed? Because of your mother's role in your life, do you feel like you were not enough? Do you wonder if it is possible to heal from the brokenness that comes from being wounded by your mother? If you answered yes to any of these questions, the Daughters warmly welcome you. There are tears of both sorrow and joy in the beautiful, brave stories of harm and hope. *Daughters Betrayed By Their Mothers* changed my life. --Charlotte Carson, Editorial Director, ClearLifeMagazine.com *Daughters Betrayed By Their Mothers* is heartrending and uplifting; dark and optimistic; painful and inspirational. A profound human document. --Sam Vaknin, author of *Malignant Self-Love: Narcissism Revisited* Powerful, reflective, and reassuring to all who read it, Holli Kenley's *Daughters Betrayed By Their Mothers* reminds us that no matter what hurt we have experienced, the opportunity to heal and be whole is always possible. --Cyrus Webb, media personality, author, and speaker Learn more at www.HolliKenley.com From Loving Healing Press www.LHPress.com

i feel like i bombed my interview: Confidence Keys Sophia Carlson, AI, 2025-03-14 *Confidence Keys* offers a comprehensive guide to building lasting self-esteem and projecting confidence in all areas of life, emphasizing that confidence isn't innate but a skill to be learned. It

explores the psychological roots of self-esteem, drawing from attachment theory, CBT, and social learning theory to show how our early experiences and thought patterns shape our self-perception. The book uniquely integrates internal and external strategies, providing actionable techniques for overcoming self-doubt and embracing your authentic self. The book progresses systematically, beginning with an exploration of self-esteem's foundations and the factors influencing it. Readers then learn how to challenge negative thoughts through cognitive restructuring and mindfulness practices, fostering a more positive self-image. Finally, it delves into confident self-presentation through effective communication and body language, providing concrete strategies for social interactions. The book also acknowledges the importance of developing realistic self-esteem, avoiding the pitfalls of unfounded high self-regard. By presenting case studies, empirical research, and practical exercises, Confidence Keys provides a holistic approach to personal growth. Whether you're looking to improve your relationships, enhance your career, or simply boost your self-worth, this book offers the tools and insights needed to unlock your full potential through improved self-confidence and genuine self-esteem.

i feel like i bombed my interview: Hexen's Cross J. Kowallis, 2018-05-01 The magic calls her. A prophecy binds her. The ancestors guide her. Dr. Taran Grim, a young professor of occult studies, knows the written history of witches better than anyone in her field. And she should. She's one of them. After a mysterious stranger arrives at her office inquiring about the mythical staff of Woden, Taran's curiosity reveals a millennia-old prophesy directly tied to her. The answers wait in Bryden, England and the only person who can help her gain access to the hidden valley is the descendant of Ruhmactir, and a member of the shape-shifting Geri clan: Collens "Coll" Donovan. But the Donovans have secrets of their own, and Taran's underdeveloped magic is wreaking strange havoc on her life. If she can't manage her magic and strike a truce with Coll, they'll fail to prevent the prophesied event known as Deireanhexe: the end of the hexen race.

i feel like i bombed my interview: And the Category Is. Ricky Tucker, 2022-01-25 A 2023 Lambda Literary Award Finalist in Nonfiction An Electric Literature "Most Anticipated LGBTQ+ Book of 2022" Selection A love letter to the legendary Black and Latinx LGBTQ underground subculture, uncovering its abundant legacy and influence in popular culture. What is Ballroom? Not a song, a documentary, a catchphrase, a TV show, or an individual pop star. It is an underground subculture founded over a century ago by LGBTQ African American and Latino men and women of Harlem. Arts-based and intersectional, it transcends identity, acting as a fearless response to the systemic marginalization of minority populations. Ricky Tucker pulls from his years as a close friend of the community to reveal the complex cultural makeup and ongoing relevance of house and Ballroom, a space where trans lives are respected and applauded, and queer youth are able to find family and acceptance. With each chapter framed as a "category" (Vogue, Realness, Body, et al.), *And the Category Is . . .* offers an impressionistic point of entry into this subculture, its deeply integrated history, and how it's been appropriated for mainstream audiences. Each category features an exclusive interview with fierce LGBTQ/POC Ballroom members—Lee Soulja, Benjamin Ninja, Twiggy Pucci Garçon, and more—whose lives, work, and activism drive home that very category. At the height of public intrigue and awareness about Ballroom, thanks to TV shows like FX's *Pose*, Tucker's compelling narratives help us understand its relevance in pop culture, dance, public policy with regard to queer communities, and so much more. Welcome to the norm-defying realness of Ballroom.

i feel like i bombed my interview: Shadows Peter J. Manos, 2021-08-24 Though land-based intercontinental ballistic missiles are sitting ducks on hair-trigger alert, they have their supporters: the air force, the aero-space industry, and people whose jobs may depend on them. So who will campaign against a new, unnecessary, and dangerous silo-based missile? Why a seventy-eight-year-old red-headed widow, of course, who sometimes wears a witch's hat.

i feel like i bombed my interview: Embracing Uncomfortable Deborah E. Gorton, PhD, 2020-06-02 The truth is—we're hardwired to seek comfort, but comfort usually doesn't move us in the right direction. Every day we face a thousand choices between what is best and what is easier.

And most of the time, we'll choose what's easier, which is why we so often feel frustrated, anxious, and disconnected. But when you learn to embrace the uncomfortable as the gateway to better things, everything changes. Embracing Uncomfortable teaches you how to Recognize what you need to do to find purpose and joy Develop the courage to radically accept your situation as it is Have the courage to do what it takes to move forward You'll learn practical skills to help you pursue and fulfill your purpose, like "practicing the pause" and "balancing your emotions." Discover the freedom and joy that will fill your life when you begin to see discomfort as an important step toward reaching your goals.

i feel like i bombed my interview: Radical Maajid Nawaz, 2016-03 Updated with new material on the Charlie Hebdo attack, ISIS, and more, this is the memoir that made Maajid Nawaz an international talking head on Islamist extremism, one who writes regularly for the New York Times, and is a frequent guest on CNN and other news networks. At age 16, Nawaz became a ranking member in Hizb ut-Tahrir, a London-based Islamist group, and organized satellite groups in Pakistan, Denmark, and Egypt. Rounded up in the aftermath of 9/11, he was imprisoned alongside the assassins of Anwar Sadat. It was on that cell block that Nawaz felt his identity shift. Nawaz went into prison preaching the Islamist cause, and he left convinced that his entire belief system had been wrong. Nawaz left prison determined to undo all that he had once believed in. Radical is a fascinating and important autobiographical account of one man's journey out of extremism and into something else entirely.

i feel like i bombed my interview: Career Rehab Kanika Tolver, 2020-01-21 Ditch the Job for the Dream If you don't love what you do, then it's time to re-think your daily grind and renovate your career. It's time for Career Rehab. This book has the tools you need to go from the job you're in to the career—and the life—you want. Professional career and life coach Kanika Tolver helps you strip away the fear and doubt holding you back from living your best life and get down to the good bones of your resume so you can build your dream career. Tolver outlines simple yet innovative ways to brand, market, and sell yourself into jobs that promote work-life balance, fair compensation, and continuous career development. You'll learn how to: Brand yourself like a product Fearlessly, but softly, resign from a job Identify the right career path for yourself Enhance your professional happiness Leverage your personal passions and purpose in life This collection of research, success stories, interviews, and case studies will give you a better understanding of how you can find professional and personal bliss. The time is NOW to build your personal brand, network like a hustler, and get the pay you deserve.

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you need... Chloe Green is so close to winning. After her moms moved her from SoCal to Alabama for high school, she's spent the past four years dodging gossip classmate and the puritanical administration of Willowgrove Christian Academy. The thing that's kept her going: winning valedictorian. Her only rival: prom queen Shara Wheeler, the principal's perfect progeny. But a month before graduation, Shara kisses Chloe and vanishes. On a furious hunt for answers, Chloe discovers she's not the only one Shara kissed. There's also Smith, Shara's longtime quarterback sweetheart, and Rory, Shara's bad boy neighbor with a crush. The three have nothing in common except Shara and the annoyingly cryptic notes she left behind, but together they must untangle Shara's trail of clues and find her. It'll be worth it, if Chloe can drag Shara back before graduation to beat her fair and square. Thrown into an unlikely alliance, chasing a ghost through parties, break-ins, puzzles, and secrets revealed on monogrammed stationery, Chloe starts to suspect there might be more to this small town than she thought. And maybe—probably not, but maybe—more to Shara, too. Fierce, funny, and frank, Casey McQuiston's *I Kissed Shara Wheeler* is about breaking the rules, getting messy, and finding love in unexpected places. An unfettered joy to read. - The New York Times McQuiston has done it again. - USA Today You won't want to miss. - Good Housekeeping

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