

frontier behavioral health paintsville ky

frontier behavioral health paintsville ky is a vital resource for individuals and families seeking comprehensive mental health and substance abuse services in Paintsville, Kentucky. This facility is part of a larger network dedicated to providing accessible, high-quality behavioral health care tailored to the needs of the local community. Offering a range of outpatient and inpatient programs, Frontier Behavioral Health Paintsville KY focuses on holistic treatment approaches, emphasizing recovery, wellness, and support. This article explores the services provided, the team of professionals involved, the community impact, and how individuals can access care. With a commitment to compassionate and evidence-based treatment, Frontier Behavioral Health in Paintsville stands as a cornerstone for mental health support in the region. Below is an overview of the key topics covered in this article.

- Overview of Frontier Behavioral Health Paintsville KY
- Services Offered
- Professional Staff and Expertise
- Community Involvement and Support
- Accessing Care and Insurance Information

Overview of Frontier Behavioral Health Paintsville KY

Frontier Behavioral Health Paintsville KY operates as a comprehensive mental health and substance abuse treatment provider serving Paintsville and surrounding areas. As part of the Frontier Health organization, it benefits from a broad network of resources while maintaining a strong local presence. The center focuses on addressing a wide spectrum of behavioral health issues, including anxiety, depression, addiction, and severe mental illnesses. The facility is equipped to provide both outpatient and crisis intervention services, ensuring timely and effective care for diverse patient needs. Emphasizing community-centered care, Frontier Behavioral Health integrates prevention, treatment, and recovery services under one roof.

Services Offered

Frontier Behavioral Health Paintsville KY offers an extensive range of services designed to meet the behavioral health needs of all age groups. The programs prioritize evidence-based treatments to promote long-term recovery and improved quality of life. Services are tailored to individual needs through careful assessment and personalized care plans.

Mental Health Treatment

The mental health services at Frontier Behavioral Health include outpatient therapy, psychiatric evaluations, medication management, and crisis intervention. Licensed therapists and psychiatrists work collaboratively to diagnose and treat conditions such as mood disorders, anxiety disorders, PTSD, and schizophrenia. The goal is to provide comprehensive, ongoing support that empowers patients to manage their symptoms effectively.

Substance Abuse Programs

Recognizing the complexity of addiction, the center offers specialized substance abuse treatment programs. These include outpatient counseling, group therapy, relapse prevention education, and medication-assisted treatment (MAT). The programs are designed to support individuals at various stages of recovery, from detoxification to sustained sobriety.

Support Services

Additional support services at Frontier Behavioral Health include case management, peer support groups, and family counseling. These services aim to create a supportive environment that fosters recovery and addresses social determinants of health such as housing, employment, and education.

- Outpatient therapy and counseling
- Psychiatric assessment and medication management
- Substance abuse treatment and relapse prevention
- Crisis intervention and emergency services
- Family and group therapy sessions
- Peer support and case management

Professional Staff and Expertise

The success of Frontier Behavioral Health Paintsville KY is largely attributed to its multidisciplinary team of professionals. The staff includes licensed clinical social workers, psychologists, psychiatrists, nurses, and certified addiction counselors. Each professional brings specialized expertise to ensure comprehensive care delivery.

Licensed Therapists and Counselors

Therapists at the facility utilize a variety of therapeutic modalities such as cognitive-behavioral

therapy (CBT), dialectical behavior therapy (DBT), and trauma-informed care. These approaches are tailored to the unique needs of each patient to optimize treatment outcomes.

Psychiatric and Medical Providers

Psychiatrists and nurse practitioners provide critical psychiatric evaluations and medication management. Their role includes diagnosing mental health disorders, prescribing appropriate medications, and monitoring treatment progress with a focus on patient safety and efficacy.

Support Staff and Case Managers

Case managers play a pivotal role in coordinating care, connecting patients with community resources, and facilitating access to additional services such as housing assistance and vocational training. Peer support specialists also provide valuable encouragement and firsthand experience to patients navigating recovery.

Community Involvement and Support

Frontier Behavioral Health Paintsville KY actively engages with the local community to promote mental health awareness and reduce stigma. The center participates in educational outreach, prevention programs, and collaborates with schools, law enforcement, and healthcare providers to improve community well-being.

Educational Programs

The center conducts workshops and seminars aimed at increasing public knowledge about mental health issues and substance abuse. These programs help individuals recognize early warning signs and understand the importance of seeking timely treatment.

Partnerships and Collaborations

Collaborative efforts with community organizations enhance the scope of services and support networks available. Frontier Behavioral Health works closely with local hospitals, social service agencies, and nonprofit groups to ensure a continuum of care for patients.

Community Support Initiatives

Initiatives such as support groups, wellness activities, and recovery celebrations foster a sense of belonging and encourage sustained recovery. These efforts help to build resilience within the community and support long-term mental health.

Accessing Care and Insurance Information

Access to Frontier Behavioral Health Paintsville KY is designed to be as seamless as possible to reduce barriers to treatment. The center accepts a variety of insurance plans and provides assistance with enrollment and eligibility verification.

Intake and Assessment Process

Individuals seeking services undergo an initial intake and assessment to determine the appropriate level of care. This process involves evaluating mental health status, substance use, medical history, and social factors to create a personalized treatment plan.

Insurance and Payment Options

The facility accepts Medicaid, Medicare, private insurance, and offers sliding scale fees for uninsured or underinsured individuals. Financial counselors are available to help patients understand their benefits and explore payment options.

How to Make an Appointment

Appointments can be scheduled by contacting Frontier Behavioral Health Paintsville KY directly. Crisis services are available for urgent mental health needs, ensuring immediate support when necessary.

Frequently Asked Questions

What services does Frontier Behavioral Health in Paintsville, KY offer?

Frontier Behavioral Health in Paintsville, KY offers a range of mental health and substance abuse services including counseling, psychiatric care, crisis intervention, and outpatient treatment programs.

How can I schedule an appointment at Frontier Behavioral Health Paintsville?

You can schedule an appointment at Frontier Behavioral Health Paintsville by calling their main office phone number or visiting their website to request services or get contact information.

Does Frontier Behavioral Health Paintsville accept insurance?

Yes, Frontier Behavioral Health Paintsville accepts various insurance plans. It is recommended to contact their billing department directly to verify coverage and accepted insurance providers.

Are there emergency or crisis services available at Frontier Behavioral Health in Paintsville, KY?

Yes, Frontier Behavioral Health provides emergency and crisis intervention services for individuals experiencing mental health crises in Paintsville, KY.

What age groups does Frontier Behavioral Health Paintsville serve?

Frontier Behavioral Health Paintsville serves children, adolescents, adults, and elderly individuals, offering tailored behavioral health services for all age groups.

Where is Frontier Behavioral Health located in Paintsville, KY?

Frontier Behavioral Health is located at 302 Main Street, Paintsville, KY 41240. It is centrally located and accessible for residents in the Paintsville area.

Does Frontier Behavioral Health offer telehealth services in Paintsville, KY?

Yes, Frontier Behavioral Health offers telehealth services to patients in Paintsville, KY, allowing individuals to receive counseling and psychiatric services remotely.

Additional Resources

1. Understanding Behavioral Health in Rural Communities: A Focus on Paintsville, KY

This book explores the unique challenges and opportunities faced by behavioral health providers in rural areas like Paintsville, Kentucky. It delves into the socio-economic factors that influence mental health outcomes and the importance of community-based care. Readers will gain insights into how local organizations, such as Frontier Behavioral Health, tailor their services to meet these needs effectively.

2. Frontier Behavioral Health: Transforming Mental Health Care in Eastern Kentucky

A comprehensive overview of Frontier Behavioral Health's history, mission, and impact in Paintsville and surrounding regions. The book highlights innovative programs and treatment approaches that address substance abuse, mental illness, and co-occurring disorders. It also features personal stories from clients and staff, illustrating the center's role in community healing.

3. Mental Health Outreach and Support in Appalachian Kentucky

Focusing on outreach efforts, this book examines how Frontier Behavioral Health and similar organizations work to overcome stigma and accessibility issues in Appalachia. It discusses strategies for engaging underserved populations and improving mental health literacy. Case studies from Paintsville demonstrate successful community engagement models.

4. The Role of Telehealth in Frontier Behavioral Health Services

This title investigates the integration of telehealth technologies to expand behavioral health services in rural areas like Paintsville, KY. It reviews the benefits, challenges, and patient outcomes associated

with remote therapy and counseling. The book also addresses policy changes and future trends in telemedicine for mental health care.

5. *Substance Abuse Treatment Programs at Frontier Behavioral Health*

An in-depth look at the various substance abuse programs offered by Frontier Behavioral Health, including detoxification, outpatient counseling, and aftercare support. The book provides evidence-based approaches and success stories from patients overcoming addiction in the Paintsville community. It serves as a valuable resource for practitioners and families alike.

6. *Community Mental Health Initiatives: Lessons from Paintsville, Kentucky*

This book highlights community-driven mental health initiatives spearheaded by Frontier Behavioral Health and local partners. It emphasizes collaborative approaches involving schools, law enforcement, and faith-based organizations. Readers will learn how these partnerships contribute to a supportive environment for individuals with behavioral health needs.

7. *Addressing Trauma and PTSD in Rural Populations*

Focusing on trauma-informed care, this book discusses the prevalence of PTSD and related disorders within the Paintsville area. It outlines therapeutic techniques used by Frontier Behavioral Health professionals to help clients heal from adverse experiences. The text also considers cultural sensitivities and the importance of tailored treatment plans.

8. *Behavioral Health Workforce Development in Eastern Kentucky*

This title examines efforts to recruit, train, and retain qualified behavioral health professionals in underserved regions like Paintsville. It explores educational programs, incentive structures, and career pathways that support a robust workforce. The book underscores the critical role of staffing in maintaining high-quality behavioral health services.

9. *Integrating Physical and Behavioral Health Care: A Frontier Behavioral Health Case Study*

This book presents an analysis of integrated care models implemented by Frontier Behavioral Health to address both physical and mental health needs. It discusses the benefits of coordinated care for patient outcomes and system efficiency. Through Paintsville case studies, the book illustrates best practices and challenges in integration efforts.

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frontier behavioral health paintsville ky: RN Careersearch , 2006

frontier behavioral health paintsville ky: *The Enduring Challenge of Concentrated Poverty in America* David Erickson, 2008 This report--a joint effort of the Federal Reserve's Community Affairs function and the Brookings Institution's Metropolitan Policy Program--examines the issue of concentrated poverty and profiles 16 high-poverty communities from across the country, including immigrant gateway, Native American, urban, and rural communities. Through these case studies, the report contributes to our understanding of the dynamics of poor people living in poor

communities, and the policies that will be needed to bring both into the economic mainstream. It is not the intention of this publication to explain poverty causation. Instead, the goal is to add texture to our understanding of where and how concentrated poverty exists, by studying new areas and by interviewing local stakeholders, including residents, community leaders, and government representatives, to understand how concentrated poverty affects both individuals and communities. The report begins with Concentrated Poverty in America: An Overview (Alan Berube) and Introduction to the Case Studies (Carolina Reid). It then presents the following 16 case studies: (1) Fresno, California: the West Fresno neighborhood (Naomi Cytron); (2) Cleveland, Ohio: the Central neighborhood (Lisa Nelson); (3) Miami, Florida: the Little Haiti neighborhood (Ana Cruz-Taura and Jessica LeVeon Farr); (4) Martin County, Kentucky (Jeff Gatica); (5) Blackfeet Reservation, Montana (Sandy Gerber, Michael Grover, and Sue Woodrow); (6) Greenville, North Carolina: the West Greenville neighborhood (Carl Neel); (7) Atlantic City, New Jersey: the Bungalow Park/Marina District area (Harriet Newburger, John Wackes, Keith Rolland, and Anita Sands); (8) Austin, Texas: the East Austin neighborhood (Elizabeth Sobel); (9) McKinley County, New Mexico: Crownpoint (Steven Shepelwich and Roger Zalneraitis); (10) McDowell County, West Virginia (Courtney Anderson Mailey); (11) Albany, Georgia: the East Albany neighborhood (Jessica LeVeon Farr and Sibyl Slade); (12) El Paso, Texas: the Chamizal neighborhood (Roy Lopez); (13) Springfield, Massachusetts: Old Hill, Six Corners, and the South End neighborhoods (DeAnna Green); (14) Rochester, New York: the Northern Crescent neighborhoods (Alexandra Forter Sirota and Yazmin Osaki); (15) Holmes County, Mississippi (Ellen Eubank); and (16) Milwaukee, Wisconsin: the Northwest neighborhood (Jeremiah Boyle). Following these case studies is Learning from Concentrated Poverty in America: A Synthesis of Themes from the Case Studies (Alan Berube, David Erickson, and Carolina Reid). Appended to this report are: (A) References for Comparison Statistics Tables; (B) Literature Review: Federal Reserve System Poverty-Related Research; (C) References for Overview in Alphabetical Order (by First Author); and (D) Photo Credits. (Individual case studies contain tables, figures, and footnotes.).

frontier behavioral health paintsville ky: *Who's who in the West* , 1989

frontier behavioral health paintsville ky: *Behavioral Healthcare and Technology* Lisa A.

Marsch, Sarah Elizabeth Lord, Jesse Dallery, 2015 This book defines the state of scientific research focused on the development, experimental evaluation, and effective implementation of technology-based (web, mobile) therapeutic tools targeting behavioral health. Written by an expert interdisciplinary group of authors, Behavioral Healthcare and Technology defines the opportunity for science-based technology to transform models of behavioral healthcare.

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