

big ivy physical therapy

big ivy physical therapy is a premier provider of rehabilitative services designed to help patients recover from injuries, manage chronic pain, and improve overall physical function. Through personalized treatment plans, expert therapists, and state-of-the-art techniques, Big Ivy Physical Therapy ensures optimal patient outcomes. This article explores the comprehensive services offered, the benefits of physical therapy, and what sets Big Ivy Physical Therapy apart in delivering quality care. Additionally, it covers common conditions treated, innovative therapy methods, and how patients can access these services. Whether recovering from surgery, managing sports injuries, or seeking preventive care, Big Ivy Physical Therapy plays a crucial role in restoring mobility and enhancing quality of life. The following sections provide detailed insights into the clinic's approach and offerings.

- Overview of Big Ivy Physical Therapy
- Services Offered
- Conditions Treated
- Benefits of Physical Therapy
- Innovative Treatment Techniques
- Patient Experience and Accessibility

Overview of Big Ivy Physical Therapy

Big Ivy Physical Therapy is a well-established facility specializing in rehabilitative care that addresses a wide range of musculoskeletal and neurological conditions. With a focus on personalized treatment and patient-centered care, the clinic combines clinical expertise with compassionate support. The team consists of licensed physical therapists who utilize evidence-based practices to design individualized therapy programs. Big Ivy Physical Therapy emphasizes thorough assessments to identify underlying issues and tailor interventions accordingly, promoting faster recovery and functional improvement.

Mission and Vision

The mission of Big Ivy Physical Therapy is to enhance patient health and wellness through high-quality physical therapy services that foster healing, prevent injury, and improve life quality. Their vision is to be a trusted leader in physical rehabilitation by continually adopting innovative techniques and maintaining patient satisfaction as a core priority.

Qualified Team of Therapists

Staffed by experienced physical therapists with diverse specialties, Big Ivy Physical Therapy ensures comprehensive care. The therapists hold advanced certifications in areas such as orthopedic, sports, neurological, and pediatric physical therapy, enabling them to address varied patient needs effectively.

Services Offered

Big Ivy Physical Therapy provides a broad spectrum of rehabilitative services that cater to different patient populations. These services are designed to restore function, reduce pain, and prevent further injury through customized treatment plans.

Orthopedic Physical Therapy

This service focuses on treating musculoskeletal injuries including fractures, joint replacements, sprains, and strains. Therapists utilize manual therapy, therapeutic exercises, and modalities such as ultrasound and electrical stimulation to promote healing and mobility.

Sports Rehabilitation

Big Ivy Physical Therapy offers specialized programs for athletes recovering from sports-related injuries. These programs emphasize strength training, flexibility, balance, and endurance to facilitate a safe and effective return to sport.

Neurological Rehabilitation

Patients with neurological conditions such as stroke, multiple sclerosis, or Parkinson's disease can benefit from targeted interventions aimed at improving motor control, coordination, and functional independence.

Post-Surgical Rehabilitation

Post-operative patients receive structured rehabilitation to regain strength and range of motion, minimize scar tissue formation, and ensure optimal recovery after surgeries such as joint replacements or ligament repairs.

Preventive and Wellness Programs

In addition to treatment, Big Ivy Physical Therapy offers wellness programs designed to prevent injuries and maintain physical health. These include ergonomic assessments, fitness evaluations, and individualized exercise programs.

Conditions Treated

Big Ivy Physical Therapy addresses a wide array of conditions that affect mobility and function. The clinic's expertise allows for effective management of both acute and chronic issues.

Common Conditions

- Back and neck pain
- Arthritis and joint pain
- Sports injuries such as ACL tears and rotator cuff injuries
- Post-surgical recovery including hip and knee replacements
- Neurological disorders including stroke rehabilitation
- Work-related injuries and repetitive strain conditions

Chronic Pain Management

Patients suffering from chronic pain conditions, such as fibromyalgia or chronic lower back pain, receive comprehensive care that combines manual therapy, exercise, and patient education to improve function and reduce discomfort.

Benefits of Physical Therapy

Engaging in physical therapy at Big Ivy Physical Therapy offers numerous benefits for patients recovering from injury or managing ongoing conditions. These advantages contribute to improved health outcomes and enhanced quality of life.

Improved Mobility and Function

Physical therapy helps restore movement and strength, allowing patients to resume daily activities and maintain independence.

Pain Reduction

Through targeted interventions, physical therapy alleviates pain by addressing the root causes and promoting natural healing processes.

Non-Invasive Treatment

Physical therapy provides an effective alternative to surgery or long-term medication, minimizing risks and side effects.

Prevention of Future Injuries

Customized exercise and education programs reduce the likelihood of re-injury and promote long-term musculoskeletal health.

Enhanced Recovery Speed

Timely physical therapy interventions accelerate healing and reduce downtime after injury or surgery.

Innovative Treatment Techniques

Big Ivy Physical Therapy integrates advanced modalities and evidence-based practices to optimize patient care and outcomes.

Manual Therapy

Hands-on techniques such as joint mobilization and soft tissue manipulation improve mobility, reduce pain, and enhance circulation.

Therapeutic Exercise

Prescribed exercises focus on strength, flexibility, balance, and endurance tailored to patient needs and goals.

Modalities and Technology

The clinic utilizes ultrasound, electrical stimulation, laser therapy, and other modalities to facilitate tissue healing and pain relief.

Functional Training

Therapists simulate real-world activities to help patients regain the ability to perform daily tasks safely and effectively.

Patient Education

Education on posture, ergonomics, and self-care empowers patients to manage their conditions and prevent recurrence.

Patient Experience and Accessibility

Big Ivy Physical Therapy prioritizes patient comfort, convenience, and individualized attention to foster a positive rehabilitation experience.

Personalized Care Plans

Each patient receives a customized therapy plan based on thorough evaluation, ensuring treatments align with personal goals and health status.

Flexible Scheduling

The clinic offers flexible appointment times to accommodate diverse patient schedules and needs.

Insurance and Payment Options

Big Ivy Physical Therapy accepts a variety of insurance plans and provides transparent payment options to make services accessible.

Supportive Environment

The facility maintains a welcoming atmosphere with professional staff dedicated to supporting patient progress and well-being.

Steps to Begin Therapy

1. Schedule an initial evaluation with a licensed physical therapist.
2. Undergo a comprehensive assessment to identify needs and goals.
3. Receive a personalized treatment plan outlining therapy frequency and methods.
4. Participate in scheduled therapy sessions and follow prescribed exercises.
5. Monitor progress with periodic reassessments and adjust the plan as necessary.

Frequently Asked Questions

What services does Big Ivy Physical Therapy offer?

Big Ivy Physical Therapy offers a range of services including orthopedic rehabilitation, sports injury treatment, post-surgical therapy, manual therapy, and personalized exercise programs to help patients recover and improve mobility.

Where is Big Ivy Physical Therapy located?

Big Ivy Physical Therapy is located in Asheville, North Carolina, providing convenient access to residents in the surrounding areas for physical therapy and rehabilitation services.

Does Big Ivy Physical Therapy accept insurance?

Yes, Big Ivy Physical Therapy accepts most major insurance plans. It is recommended to contact their office directly to verify your specific insurance coverage and benefits.

What makes Big Ivy Physical Therapy different from other clinics?

Big Ivy Physical Therapy focuses on individualized care with experienced therapists who tailor treatment plans to each patient's unique needs, emphasizing hands-on techniques and evidence-based practices for optimal recovery.

How can I book an appointment with Big Ivy Physical Therapy?

You can book an appointment with Big Ivy Physical Therapy by calling their clinic directly, visiting their official website to schedule online, or through a physician referral if required.

Additional Resources

1. *Foundations of Big Ivy Physical Therapy: Principles and Practices*

This book offers a comprehensive introduction to the core principles and practices of Big Ivy Physical Therapy. It covers essential techniques for assessment, treatment planning, and rehabilitation protocols. Readers will gain a solid understanding of how Big Ivy integrates traditional and innovative therapeutic methods.

2. *Advanced Techniques in Big Ivy Physical Therapy*

Focusing on cutting-edge modalities, this book explores advanced therapeutic techniques used in Big Ivy Physical Therapy. Topics include manual therapy, neuromuscular re-education, and technology-assisted rehabilitation. It is ideal for therapists seeking to enhance their clinical skills and patient outcomes.

3. *Patient-Centered Care in Big Ivy Physical Therapy*

This title emphasizes the importance of personalized treatment plans and patient engagement in Big Ivy Physical Therapy. It discusses strategies for effective communication, goal setting, and

motivational interviewing. The book highlights case studies demonstrating successful patient-centered approaches.

4. Rehabilitation Strategies for Sports Injuries in Big Ivy Physical Therapy

Designed for clinicians working with athletes, this book outlines rehabilitation protocols tailored to common sports injuries. It integrates Big Ivy Physical Therapy's philosophy with evidence-based practices to optimize recovery. Readers will find detailed exercises, progressions, and injury prevention tips.

5. Integrative Approaches to Pain Management in Big Ivy Physical Therapy

This book explores various integrative methods for managing acute and chronic pain within the Big Ivy Physical Therapy framework. It covers manual therapy, therapeutic exercise, and complementary modalities such as acupuncture and mindfulness. The text offers practical guidance to improve patient comfort and function.

6. Big Ivy Physical Therapy for Geriatric Populations

Focusing on the unique needs of older adults, this book addresses common age-related conditions and mobility challenges. It provides tailored assessment tools and intervention strategies to enhance independence and quality of life. The content supports therapists in delivering compassionate, effective care for seniors.

7. Neurological Rehabilitation with Big Ivy Physical Therapy

This resource delves into rehabilitation techniques for patients with neurological impairments, including stroke, Parkinson's disease, and spinal cord injuries. It emphasizes neuroplasticity and task-specific training within the Big Ivy Physical Therapy model. Clinicians will find protocols and outcome measures to guide treatment.

8. Big Ivy Physical Therapy: Pediatric Care and Developmental Support

Addressing the pediatric population, this book covers developmental milestones and therapeutic interventions for children with physical challenges. It highlights family involvement and play-based therapy in the Big Ivy approach. The text equips therapists to support growth and functional independence in young patients.

9. Evidence-Based Research in Big Ivy Physical Therapy

This book compiles recent studies and clinical trials that validate the effectiveness of Big Ivy Physical Therapy techniques. It encourages critical appraisal of research to inform practice and improve patient outcomes. Readers will learn how to incorporate evidence-based methods into their daily clinical decision-making.

Big Ivy Physical Therapy

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big ivy physical therapy: The Ivy Years Sarina Bowen, 2016-07-04 Includes all five full-length Ivy Years novels. Life at the elite Harkness College is brought to you in five tales, each one sexier and more heartbreaking than the last. Contains: hockey hotties, snarky T-shirts, a slow-burn love affair, a liar (with reasons,) a virgin (with reasons,) and one adorkable movie star. Book 1: The Year We Fell Down The sport she loves is out of reach. The boy she loves has someone else. Corey was supposed to start college as a member of the women's ice hockey team. Instead, she'll spend it in a wheelchair. The only upside? Her too-delicious-to-be-real neighbor across the hall. Book 2: The Year We Hid Away She's hiding something big. He's hiding someone small. Dorm rooms are supposed to be for sleeping, studying, and partying. Not for hiding your eight-year-old sister. Book 3: The Understatement of the Year What happened in high school stayed in high school. Until now. Michael Graham will never tell anyone the truth about himself. Too bad his past walks right into the locker room on the first day of hockey practice. Book 4: The Shameless Hour You met Bella in The Understatement of the Year. She was in love with hockey players in general and one very unavailable defenseman in particular. Could it be that Bella finds love on a different field of play? Her neighbor Rafe is everything she's not. Bella isn't looking for a hero, and he's not looking for a hookup. Do they have anything in common besides one unexpected night of passion? Book 5: The Fifteenth Minute Just because Bella's neighbor is a movie star doesn't mean she's happy. Lianne Challice is the girl nobody takes the time to get to know. Except for D.J. Trevi, the troubled brother of the hockey team captain. Their lives are messier than a hockey brawl. But together they just might find what they need. For fans of: Colleen Hoover, Elle Kennedy, Kristen Callihan, Monica Murphy, Cara Cormack, Tijan, Kendall Ryan, Penny Reid, Sara Ney, Cambria Herbert. Keywords: Ivy League, college romance, coming of age, hockey romance, soccer, fraternities, diverse romance, disability, sororities, box set, boxed set, forbidden romance.

big ivy physical therapy: Royal Affair Laurie Paige, 2010-07-01 One night of passion changed Ivy Crosby's life forever. While visiting the island of Lantanya, she met the man of her dreams. And after an evening of seduction and tenderness, she wound up pregnant—and on the front page of the tabloids! Her sexy stranger turned out to be none other than playboy prince Maxwell von Husden. What was a girl to do? Max had to convince Ivy to be his bride. After all, she was carrying the heir to the throne, and he had a responsibility to his people. But once reunited with the beauty, he realized that his feelings had grown beyond duty, and for once, he'd opened his heart to love....

big ivy physical therapy: The Ivy Years Part One Sarina Bowen, 2014-12-08 Includes three Ivy Years novels. (Books #4 and #5 sold separately.) Life at the elite Harkness College is brought to you in three tales, each one sexier and more heartbreaking than the last. Contains: hockey hotties, snarky T-shirts, a slow-burn love affair, a liar (with reasons,) and a virgin (also with reasons). Book 1: The Year We Fell Down The sport she loves is out of reach. The boy she loves has someone else. Corey was supposed to start college as a member of the women's ice hockey team. Instead, she'll spend it in a wheelchair. The only upside? Her too-delicious-to-be-real neighbor across the hall. Book 2: The Year We Hid Away She's hiding something big. He's hiding someone small. Dorm rooms are supposed to be for sleeping, studying, and partying. Not for hiding your eight-year-old sister. Book 3: The Understatement of the Year What happened in high school stayed in high school. Until now. Michael Graham will never tell anyone the truth about himself. Too bad his past walks right into the locker room on the first day of hockey practice. Keywords: hockey, romance, New Adult, college, basketball, sports romance, spinal cord injury, gay romance, forbidden romance, sports romance, hockey romance, NHL, college romance, box set, boxed set, boxset, Ivy League, Ivy Years, contemporary romance, bad boys. For fans of: Colleen Hoover, Tammara Webber, Sawyer Bennett, Toni Aleo, Elle Kennedy, Kristen Callihan, Cora Carmack, For fans of: Melanie Harlow, Corinne Michaels, Meghan March, Lauren Blakely, Julia Kent, Elle Kennedy, Tijan, CD Reiss, Kendall Ryan, Vi Keeland, Penelope Ward, Jana Aston, K Bromberg, Katy Evans, Jessica Hawkins, Kristen Proby, Penny Reid, Helena Hunting, Sally Thorne, Kristen Ashley, Helen Hoang, Kylie Scott, Christina Lauren, Jana Aston, Sawyer Bennett, Lexi Ryan, Karina Halle, Skye Warren, Kennedy Ryan, Jodi Ellen Mapas, Zoe York, Kristan Higgins, Jill Shalvis, Colleen Hoover, Sara Ney, Cambria Herbert,

Sabrina Bowen.

big ivy physical therapy: Malicious Intent (Defend and Protect Book #2) Lynn H. Blackburn, 2022-03-01 Dr. Ivy Collins, founder and CEO of Hedera, Inc., is ready to begin clinical trials of her company's cutting-edge prosthetic. Her work has been heralded by government, medical, and advocacy groups and everyone hopes the device will be a success. Well, almost everyone. Someone is trying to sabotage Hedera and the launch, but to what purpose--and how far will they go to get what they want? Meanwhile, U.S. Secret Service Agent Gil Dixon can't believe he's finally been reunited with Ivy, his childhood best friend. Now that he's found her again, Gil intends to spend the rest of his life with her. But it will take all his skill to uncover the truth in time to save Ivy's life's work, her own life, and the innocent lives caught in the crossfire. Perfectly balancing chilling suspense and uplifting romance, award-winning author Lynn H. Blackburn delivers a story of revenge, greed, and overcoming that you won't want to put down no matter how late it gets. *** Malicious Intent has an addictive plot that delves into the dangerous underworld of digital crime, and the protagonists' chemistry, brewed during a lifetime of friendship and romantic longing, positively sizzles.--Booklist

big ivy physical therapy: Flashover Dana Mentink, 2008-12-25 A beautiful firefighter and her computer-savvy friend are on the hunt for an arsonist in this suspenseful Christian romance. Firefighter Ivy Beria is recuperating from injuries sustained on the job when she finds her neighbor Moe, a kindhearted savant, setting fire to a book. Before Ivy can figure out why he'd do such a thing, Moe goes missing—and his only friend turns up dead. Ivy is sure the double mystery is linked to the string of numbers Moe chanted before he vanished. When she asks her best friend, computer expert Tim Carnelli, to help her investigate, they make two shocking discoveries: Moe is in danger, and they have unexpected feelings for each other. Now Ivy will have to rely on Tim—and rediscover her faith—in order to keep the truth—and their dreams—from going up in smoke.

big ivy physical therapy: Under the Rose Diana Peterfreund, 2007-06-26 Fans of Beautiful Disaster will devour Diana Peterfreund's Ivy League novels—Secret Society Girl, Under the Rose, Rites of Spring (Break), and Tap & Gown. At an elite university, Amy Haskell has been initiated into the country's most notorious secret society. But in this power-hungry world where new blood is at the mercy of old money, hooking up with the wrong people could be fatal. Now a senior at Eli University, Amy is looking her future squarely in the eye—until someone starts selling society secrets. When a female member mysteriously disappears and a series of bizarre messages suggests conspiracy within the ranks, no member of Rose & Grave is safe . . . or above suspicion. On Amy's side, the other women in Rose & Grave remain loyal. Against her? A group of Rose & Grave's überpowerful patriarchs who want their old boys' club back. As new developments in her love life threaten to explode, and the search for the missing girl takes a disturbing turn, Amy will need to use every society maneuver she's ever learned in order to stay one step ahead. Even if it means turning to old adversaries for help—or looking for her real enemies closer than she'd thought.

big ivy physical therapy: Red Chelsea George, 2021-10-13 Welcome to the life of Scarlett Benjamin. A woman of determination, strength and secrets. Being diagnosed with mental illness changed her course. Her depression and anxiety, mixed with her triggering past causes a daily struggle of balance and tumbles. Now, she finds herself fighting for stability, progress and love in a sea of multi-colour. Follow her journey as she experiences the rollercoaster of colour that is her life while reflecting on her dark history. Moments in her life have always forced her to see black, but now she's ready to shine RED.

big ivy physical therapy: Princeton Alumni Weekly Jesse Lynch Williams, Edwin Mark Norris, 1986

big ivy physical therapy: Seabreeze Christmas Jan Moran, 2020-11-17 Celebrate a joyous holiday season with an enchanting story from the USA TODAY bestselling author of Coral Cottage and Seabreeze Inn. Families and friends come together at the Seabreeze Inn, and love is in the air...along with more vintage discoveries at the historic beachside inn. At the Seabreeze Inn, sisters Ivy and Shelly Bay discover boxes of vintage Christmas decorations in the old beach house. When Ivy

learns that the former owners had hosted lavish holiday parties from Thanksgiving to New Year's Eve for the small town of Summer Beach, she decides to restore the tradition and invite neighbors to join them for multicultural celebrations. The beach house is resplendent with old and new decorations, but this Christmas, sisters Ivy and Shelly discover another one of the former owner's secrets. Soon, Ivy faces a decision that could change her life and those she loves. Bennett, the mayor of Summer Beach, asks the community to pitch in. Ginger Delavie from the nearby Coral Cottage contributes her favorite recipes, and Mitch from Java Beach helps in the kitchen. Dedicated to serving guests and helping them honor their various traditions, the Seabreeze Inn family welcomes the overflow from local families, the single guests who gather for a celebration of their own, and the loners who have nowhere else to go. However, while Bennett is usually happy to help, Ivy might have asked too much of him. This holiday season will test their relationship, especially when Ivy's grown children voice their opinions. A Seabreeze Inn Christmas is a sweet, feel-good holiday saga in the beloved Summer Beach series. This novel can be read as a stand-alone story without having read the rest of the series. Celebrate a joyful season at the Seabreeze Inn, and share it with friends.

big ivy physical therapy: Little Book of Hospital Miracles Lori J. Grande-Swiatkowski, 2021-12-17 While caring for a special group of hospital patients for over four decades, Lori Jo Grande-Swiatkowski has witnessed miraculous events that have caused her to realize that the veil between the seen and unseen and Earth and heaven is quite thin. In a collection of inspiring true stories gathered from the bedsides of her patients over the years, Lori shares insight into all the ways God is real and works through our lives while caring deeply for us. Phyllis and Albert had been married for fifty-five years and were virtually inseparable. As he battled advanced colon cancer, Phyllis barely left his side—until he bid her farewell in a way she never expected. Sally, who had a brain tumor, prayed to Jesus for a miracle—and received one. Fatima was a beautiful Muslim woman who passionately believed in the power of prayer. But would her prayers heal her as well? Little Book of Hospital Miracles shares uplifting stories from a nurse that demonstrate the power of God's presence in our lives as He works little miracles every day to show us that His love never dies.

big ivy physical therapy: Reorganizing Our Universities Alan H. Levy, 2006-05-01 Many books have been written outlining problems with higher education in America. Many have been written in broad strokes. Where specific, many others have tended to focus on some of the nation's most famous schools. The average American family sends their children not to the Ivy League but to less noteworthy state schools, where quality could prevail but is often compromised. It is in such schools that many of the problems of American education continue to thrive without any meaningful reform. Levy's book endeavors to explain many of the problems which plague our schools and which shortchange students and their parents who pay the ever-higher costs. Looking in depth at a typical university, Levy reveals the ways that silly, at times corrupt, administrative and union games, marginal disciplines, and mediocre, at times fraudulent, academics have gained unjustifiably significant positions in schools and have needlessly truncated valuable resources which could otherwise be used to promote genuine quality and make universities serve the students and citizens who foot the bills.

big ivy physical therapy: Eat and Run Scott Jurek, Steve Friedman, 2013-01-01 An inspirational memoir by Scott Jurek, one of the finest ultrarunners in the world.

big ivy physical therapy: Graduating Class Latty L. Goodwin, 2006-06-15 Students from poor and working-class families struggle to succeed and graduate from an elite university.

big ivy physical therapy: Beyond the Checklist Suzanne Gordon, Patrick Mendenhall, Bonnie Blair O'Connor, 2012-11-20 The U.S. healthcare system is now spending many millions of dollars to improve patient safety and inter-professional practice. Nevertheless, an estimated 100,000 patients still succumb to preventable medical errors or infections every year. How can health care providers reduce the terrible financial and human toll of medical errors and injuries that harm rather than heal? Beyond the Checklist argues that lives could be saved and patient care enhanced by adapting the relevant lessons of aviation safety and teamwork. In response to a series of human-error caused crashes, the airline industry developed the system of job training and information sharing known as

Crew Resource Management (CRM). Under the new industry-wide system of CRM, pilots, flight attendants, and ground crews now communicate and cooperate in ways that have greatly reduced the hazards of commercial air travel. The coauthors of this book sought out the aviation professionals who made this transformation possible. Beyond the Checklist gives us an inside look at CRM training and shows how airline staff interaction that once suffered from the same dysfunction that too often undermines real teamwork in health care today has dramatically improved. Drawing on the experience of doctors, nurses, medical educators, and administrators, this book demonstrates how CRM can be adapted, more widely and effectively, to health care delivery. The authors provide case studies of three institutions that have successfully incorporated CRM-like principles into the fabric of their clinical culture by embracing practices that promote common patient safety knowledge and skills. They infuse this study with their own diverse experience and collaborative spirit: Patrick Mendenhall is a commercial airline pilot who teaches CRM; Suzanne Gordon is a nationally known health care journalist, training consultant, and speaker on issues related to nursing; and Bonnie Blair O'Connor is an ethnographer and medical educator who has spent more than two decades observing medical training and teamwork from the inside.

big ivy physical therapy: Minnesota Made Me Patrick C. Borzi, 2018-11-06 In *Minnesota Made Me*, award-winning sportswriter Patrick C. Borzi digs into the background of more than three dozen of Minnesota's most accomplished athletes, coaches, broadcasters, and executives in search of the answer.

big ivy physical therapy: Sweet Southern Hearts Susan Schild, 2017-01-10 The USA Today bestselling author of *Sweet Carolina Morning* crafts a "charming and well observed novel about finding the courage to love after loss" (Holly Chamberlin, author of *The Family Beach House*). Susan Schild welcomes you back to the offbeat Southern town of Willow Hill, North Carolina, for a humorous, heartwarming story of new beginnings, do-overs, and self-discovery . . . When it comes to marriage, third time's the charm for Linny Taylor. She's thrilled to be on her honeymoon with Jack Avery, Willow Hill's handsome veterinarian. But just like the hair-raising white water rafting trip Jack persuades her to take, newlywed life has plenty of dips and bumps. Jack's twelve-year-old son is resisting all Linny's efforts to be the perfect stepmother, while her own mother, Dottie, begs her to tag along on the first week of a free-wheeling RV adventure. Who knew women "of a certain age" could drum up so much trouble? No sooner is Linny sighing with relief at being back home than she's helping her frazzled sister with a new baby . . . and dealing with an unexpected legacy from her late ex. Life is fuller—and richer—than she ever imagined, but if there's one thing Linny's learned by now, it's that there's always room for another sweet surprise . . . Praise for Susan Schild and her novels "A wonderful, heartwarming story—charming characters with a chance of romance and adventure." —Tammy L. Grace, USA Today bestselling author of the *Hometown Harbor* series "Charming, funny, feisty. I totally loved this novel." —Cathy Lamb, author of *All About Evie* "A wonderful storyteller." —Judith Keim, author of *A Summer of Surprises*

big ivy physical therapy: Doctor Dealer Mark Bowden, 2018-04-01 From the # 1 New York Times bestselling author of *Black Hawk Down: The shocking story of the country's unlikeliest drug kingpin* (The Baltimore Sun). By the early 1980s, Larry Lavin had everything going for him. He was a bright, charismatic young man who rose from working-class roots to become a dentist with an Ivy League education and a thriving practice, and a beloved father with a well-respected family in one of Philadelphia's most exclusive suburbs. But behind the façade of his success was a dark secret: Lavin was also the mastermind behind a cocaine empire that spread from Miami to Boston to New Mexico, catering to lawyers, stockbrokers, and other professionals, and generating an annual income of \$60 million for the good doctor. Now, Mark Bowden, a master of narrative journalism (The New York Times Book Review) tells the harrowing saga of Lavin's rise and fall in a shocking American tragedy . . . [that] shoots straight from the hip (Pittsburgh Post-Gazette). An engrossing crime story and a compelling morality tale. — The Arizona Republic Has all the elements of a chilling suspense thriller . . . A smoothly crafted, exciting, can't-put-it-down book. — The New Voice (Louisville)

big ivy physical therapy: The Jeffrey Journey - 2010 Edition Helen Baldwin, 2010-02-27

Revised and Updated - 2010 with new resources and dedications. In May, 1997, Randy and Helen Baldwin eagerly welcomed their third child, Jeffrey, as did his older siblings, Matthew and Katie. Jeffrey's arrival, unplanned but greatly anticipated, sparked a few adjustments in this family long removed from diaper duty, but Jeffrey was obviously a special gift. Eight weeks later, life took a completely unexpected downward spiral into the depths of despair when Jeffrey was diagnosed with Spinal Muscular Atrophy (SMA), a rare, progressive genetic neuromuscular disease with deadly ramifications. The neurologist handed over the utterly devastating news that Jeffrey had a severe case of the most destructive form without a morsel of hope that anything could be done to thwart the effects of the killer disease. Faced with the nightmare that their baby was expected to die within two years and that there was no treatment or cure, Randy and Helen took their faith in God to a higher level and embarked on a quest to defy SMA and its stranglehold on their precious baby's life. They sought the expertise of alternative practitioners and relentlessly relied on prayers for Jeffrey's health and for strength, courage, and wisdom for themselves and their family. The Jeffrey Journey is the story of how one family - with friends and family, prayer, and God's grace - rose to the challenge of caring for a dying child as they also realized the countless blessings left by their angel.

big ivy physical therapy: The Planner and the Player Lainey Davis, 2020-03-02 Meet the Crawfords: Brilliant in business, lousy at love. Fletcher Crawford is a playboy producer. He flies around the world chasing fast cars and fast women. He's way too old to still feel hurt by his high school heartbreak, right? One day he scorns the wrong woman and finds himself grounded in his hometown, where he finds Thistle McMurray around every turn. She was his first everything...including his first heartbreak. Thistle McMurray always had big plans, and they did not include taking care of anyone else. She spent years building her career, avoiding her hometown like the plague. But one phone call changes everything, and plunges her back into the heart of her darkest memories. Can Thistle and Archer bury the past and find forgiveness? Do second chances really exist? The Planner and the Player is the fourth and final book of the Oak Creek series. If you like small-town characters, a family who won't butt out, and scorching hot love scenes, then you'll devour this laugh-out-loud romance by Lainey Davis. Buy it today and fall in love with Oak Creek. Search Terms: ebooks, romance books, romance novels, romance, contemporary romance , contemporary romance books, romance , romance series, new adult romance, contemporary romance, beach reads, romance novels , romance books, alpha male, romance novels full book, grumpy hero, grumpy sunshine, sports romance, small-town romance, small town romance, smalltown, rom com, romantic comedy, chicklit, forced proximity romance, neighbors to lovers, big family books, enemies to lovers romance, hometown romance, romantic comedy books, romance books, books like movies, summer romance, funny books, the love quotient, romantic comedy series, smart romance, something funny to read, lighthearted romance, light romance, hot romance, witty banter, sexy books, billionaire, groveling hero, STEM heroine, women in stem, strong heroine, Lainey Davis romance, Lainey Davis books For Fans Of: Lucy Score, Claire Kingsley, Pippa Grant, Meghan Quinn, Kate Canterbury

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