

be my teacher parents guide

be my teacher parents guide offers a comprehensive resource for parents seeking to support their children's learning journey effectively. This guide provides practical insights into how parents can engage with the educational process, foster motivation, and create a positive learning environment at home. Understanding the roles and responsibilities involved in a child's education is crucial for maximizing their academic success and personal growth. The guide covers key strategies for communication with teachers, setting realistic goals, and encouraging consistent study habits. Additionally, it addresses common challenges parents may encounter and offers solutions tailored to diverse learning styles. This article is designed to equip parents with the knowledge and tools necessary to be proactive partners in education. Below is a detailed overview of the topics covered in this be my teacher parents guide.

- Understanding the Role of Parents in Education
- Effective Communication with Teachers
- Creating an Optimal Learning Environment at Home
- Supporting Homework and Study Habits
- Addressing Learning Challenges and Special Needs
- Encouraging Motivation and Positive Attitudes

Understanding the Role of Parents in Education

Parents play a pivotal role in shaping their child's educational experience. The be my teacher parents guide emphasizes that active parental involvement can significantly impact a child's academic achievement and emotional development. By understanding their responsibilities, parents can foster a supportive atmosphere that encourages curiosity and resilience.

Parental Responsibilities

Key responsibilities include monitoring academic progress, providing emotional support, and promoting positive values related to education. Parents should collaborate with educators to ensure their child's needs are met and advocate for appropriate resources when necessary.

Benefits of Parental Involvement

Research consistently shows that children with engaged parents perform better academically and exhibit stronger social skills. The guide highlights that consistent involvement leads to improved attendance, higher grades, and increased motivation.

Effective Communication with Teachers

Open and respectful communication between parents and teachers is vital to the success of any educational endeavor. This section of the be my teacher parents guide outlines best practices for establishing and maintaining productive dialogues with educators.

Building a Collaborative Relationship

Parents should approach teachers as partners in their child's education. Scheduling regular meetings, participating in school events, and using communication platforms provided by the school help foster trust and transparency.

Tips for Productive Conversations

Effective communication involves active listening, asking clarifying questions, and expressing concerns constructively. Parents are encouraged to prepare for discussions with specific topics or questions to maximize the benefit of each interaction.

Creating an Optimal Learning Environment at Home

The home environment significantly influences a child's ability to focus and absorb new information. The be my teacher parents guide provides detailed recommendations on how to establish a setting conducive to learning.

Designating a Study Area

A quiet, well-lit, and organized space dedicated to studying helps minimize distractions and promotes concentration. This area should be stocked with necessary supplies such as notebooks, pens, and reference materials.

Establishing Routines

Consistent schedules for homework, reading, and breaks help children develop time management skills. The guide suggests creating a daily routine that balances academic responsibilities with leisure and physical activity.

Supporting Homework and Study Habits

Homework reinforces classroom learning and develops independent study skills. This section discusses how parents can effectively support their children without taking over their assignments.

Encouraging Responsibility

Parents should encourage children to complete tasks independently while offering assistance when needed. Setting clear expectations and deadlines helps children develop accountability.

Providing Resources and Tools

Utilizing educational resources such as flashcards, educational apps, and library materials can enhance understanding. The guide also recommends teaching organizational techniques like using planners or checklists.

Addressing Learning Challenges and Special Needs

Every child has unique learning requirements. The be my teacher parents guide emphasizes the importance of recognizing and addressing learning difficulties promptly.

Identifying Signs of Learning Challenges

Parents should be attentive to signs such as persistent struggles with reading, writing, or math, difficulty following instructions, or behavioral issues related to frustration. Early identification allows for timely intervention.

Seeking Professional Support

The guide advises collaborating with school counselors, special education teachers, or external specialists to develop individualized education plans

(IEPs) or other accommodations. Advocacy is essential to ensure children receive the support they need.

Encouraging Motivation and Positive Attitudes

Motivation and a positive mindset are critical for sustained academic success. This section offers strategies to inspire and maintain enthusiasm for learning as part of the be my teacher parents guide.

Setting Realistic Goals

Parents should help children set achievable short-term and long-term goals, celebrating progress to reinforce confidence. This approach fosters a growth mindset and resilience in the face of challenges.

Using Positive Reinforcement

Recognizing effort and accomplishment through praise or rewards encourages continued engagement. The guide also emphasizes the importance of modeling positive attitudes toward education and learning from parents themselves.

Promoting a Balanced Lifestyle

Encouraging physical activity, social interaction, and adequate rest contributes to overall well-being, which supports cognitive function and motivation. A balanced approach ensures children remain energized and focused.

- Understand parental roles in education
- Communicate effectively with teachers
- Create a supportive home learning environment
- Support homework and study habits appropriately
- Address learning challenges promptly
- Encourage motivation and positive attitudes

Frequently Asked Questions

What is the 'Be My Teacher Parents Guide' about?

The 'Be My Teacher Parents Guide' is a resource designed to help parents support their children's learning at home by providing teaching strategies, educational activities, and tips for effective communication.

How can parents use the 'Be My Teacher Parents Guide' effectively?

Parents can use the guide by following the step-by-step instructions, engaging in suggested activities with their children, and adapting teaching methods to suit their child's unique learning style and needs.

Is the 'Be My Teacher Parents Guide' suitable for all age groups?

Yes, the guide typically offers tailored advice and activities for different age groups, ensuring that parents can find relevant information whether their child is in early childhood, elementary, or middle school.

Does the 'Be My Teacher Parents Guide' include resources for special education?

Many versions of the guide include sections dedicated to special education, providing strategies and tools to help parents support children with diverse learning needs and abilities.

Where can parents access the 'Be My Teacher Parents Guide'?

The guide can usually be accessed online through educational websites, school portals, or requested directly from schools or educational organizations that provide it as part of their parent support programs.

Additional Resources

1. *Be My Teacher: A Parent's Guide to Supporting Learning at Home*
This book offers practical strategies for parents to actively engage in their children's education. It emphasizes the importance of creating a supportive learning environment at home and provides tips on effective communication with teachers. Parents will find useful tools to help their kids develop strong study habits and a love for learning.

2. *Partnering with Teachers: A Parent's Handbook for Educational Success*

Designed to strengthen the relationship between parents and educators, this guide explores how collaboration can enhance a child's academic journey. It includes advice on attending parent-teacher conferences, understanding school policies, and advocating for your child's needs. The book empowers parents to become confident participants in their child's education.

3. The Teacher Within: Helping Parents Guide Their Children's Learning

This title encourages parents to take an active role in their children's education by adopting teaching techniques at home. It covers topics like creating lesson plans, fostering critical thinking, and adapting to different learning styles. Parents will gain insights into how to reinforce classroom learning in everyday activities.

4. From Parent to Teacher: Navigating Homeschooling and Beyond

Ideal for parents considering or already engaged in homeschooling, this book provides comprehensive guidance on curriculum selection, scheduling, and assessment. It also addresses common challenges and offers solutions to maintain motivation for both parents and children. The author shares personal experiences and expert advice to ease the transition.

5. Raising Lifelong Learners: A Parent's Guide to Encouraging Curiosity and Growth

Focusing on the development of a growth mindset, this book helps parents cultivate an environment where children feel safe to explore and make mistakes. It offers strategies to nurture curiosity, resilience, and self-directed learning. The guide also includes tips on balancing academic expectations with emotional well-being.

6. Homework Help for Parents: Strategies to Support Your Child's Success

This practical manual equips parents with effective methods to assist their children with homework without doing the work for them. It discusses time management, organization skills, and how to handle frustration constructively. The book aims to build confidence in both parents and students, making homework a positive experience.

7. Understanding Your Child's Teacher: A Guide for Parents

This book demystifies the teacher's role and challenges, helping parents see education from the educator's perspective. It fosters empathy and promotes respectful communication, which can lead to better cooperation and support for the child. The guide also offers advice on how to address concerns and celebrate successes together.

8. Teaching Tools for Parents: Enhancing Your Child's Learning at Home

Packed with creative activities and educational games, this book provides parents with resources to make learning fun and engaging outside the classroom. It covers literacy, math, science, and social skills development tailored for various age groups. Parents will find it easy to integrate these tools into daily routines.

9. Parent as Teacher: Building Foundations for Academic and Emotional Success

Highlighting the dual role parents play in academic and emotional

development, this guide offers balanced approaches to support both areas. It discusses how to recognize learning difficulties early and foster emotional intelligence alongside intellectual growth. The book encourages parents to be proactive advocates for their children's overall well-being.

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be my teacher parents guide: THE PIANO PARENT'S GUIDE Anna Vavilova, 2025-06-15

The Piano Parent's Guide by Dr. Anna Vavilova is an insightful and practical resource for parents seeking to support their child's piano journey. Drawing from decades of experience as a concert pianist, teacher, and adjudicator, Dr. Vavilova provides a clear roadmap—from the first lesson to long-term planning—with warmth, honesty, and actionable advice. The guide begins with her personal story of early missteps in piano education, reinforcing the importance of proper guidance from the start. She emphasizes that early decisions—such as readiness, teacher selection, and lesson format—have a lasting impact. Key Topics Covered Include: Readiness: Not every child is ready at the same age. The book outlines signs of developmental, emotional, and physical readiness, helping parents time lessons appropriately. Choosing the Right Teacher: More than musical skill, effective teaching requires formal training, patience, and a love for working with children. Dr. Vavilova offers questions parents should ask and warning signs to watch for. Lesson Formats & Online Options: The guide compares private teachers, music schools, group classes, and online lessons—highlighting pros and cons for each. It stresses the importance of matching format to the child's personality and developmental stage. Pianos & Equipment: From keyboards to grand pianos, the book breaks down the pros, cons, and costs of each option, with rental suggestions for families not ready to buy. Finances: A detailed overview of lesson fees, exams, materials, and hidden costs is included, helping parents budget wisely and avoid unnecessary expenses. Practice & Home Environment: Success hinges on what happens between lessons. Parents are shown how to create a supportive, clutter-free practice space, establish routines, and stay engaged without micromanaging. Realistic Expectations: Dr. Vavilova debunks common myths about talent, fast progress, and perfection. She encourages parents to value consistency and emotional growth over flawless performances. Performances: With strategies for reducing recital anxiety, the book helps families turn performances into empowering experiences rather than sources of fear. Communication: One chapter is devoted to building a strong parent-teacher relationship, showing how clear, kind communication benefits everyone involved. Troubleshooting: Ten common problems—such as resistance to practice, performance anxiety, or stagnation—are addressed with clear, practical solutions. Beyond the Beginner Stage: The final chapters help parents identify when their child is ready for more serious study, and how to navigate exams, competitions, or even a transition to a new teacher. The book closes with a reminder that music should remain joyful. Whether your child becomes a professional or simply enjoys music as a creative outlet, your support as a piano parent makes all the difference. Bonus Resources: Included are quotes from expert teachers, quick tips for parents, and a list of recommended books, apps, and websites to support learning at home. The Piano Parent's Guide is an essential companion for any family beginning or continuing their musical journey—with the heart of a teacher and the clarity of a mentor.

be my teacher parents guide: *The JGirl's Teacher's and Parent's Guide* Miriam P. Polis, 2017-02-27 Insights, Ideas and Activities for discussing with girls what it means to become a Jewish woman A step-by-step guide to creative use of The JGirl's Guide in the classroom, synagogue and home. Each lesson includes: A clearly stated goal A list of Hebrew words to enrich the girls' vocabulary A series of engaging questions and thoughtful activities A selection of Jewish sources relating to each lesson's topic

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be my teacher parents guide: A Parent's Guide to a Peaceful Home Patricia Braxton, 2013-06 Parents serve as their children's first teachers. What they learn at home helps them build on their learning and education at school. In *A Parent's Guide to a Peaceful Home*, author Patricia Braxton provides a guide to helping parents manage their home in a peaceful, loving way in order to ensure success for their children at home and at school. This handbook presents Braxton's TAD (Toward Affective Development) model, which gives practical advice to help parents teach their children responsibility, respect, discipline, and other positive character traits. It also teaches parents how to relate to each other properly and how to affect change from within. Through TAD, Braxton works to change the face of families in a positive way. The steps detailed in *A Parent's Guide to a Peaceful Home* can facilitate an atmosphere where love, compassion, respect, and other virtues are taught by example and reinforced to produce a lasting, peaceful home.

be my teacher parents guide: A Parent's Guide to Managing Childhood Grief Katie Lear, 2022-07-05 Help your child navigate feelings of sadness and loss with 100 unique, activity-based approaches that help them manage their childhood grief in a healthy and constructive way. The loss of a loved one is a complex, confusing experience for a child to understand. Children may struggle to express, process, and manage their complicated and conflicting feelings, whether the loss is a parent, grandparent, sibling, or even a pet. So, what should you do to help your child process their sadness, loss, and frustration in a more healthy, positive way? In *A Parent's Guide to Managing Grief*, you'll learn everything you need to know about how children grieve and what you can do to support them during their most difficult moments. From there, you'll find 100 activities that you can use in a group setting, activities that you (or another caregiver) can do alone with your child, and ways to make the most of virtual interactions to support a grieving child. Explore activities like: -Making a scream box -Playing with clay -Feelings charades game -Making a memory bracelet -And many more! It can feel difficult to connect with your child as you process your own complicated emotions surrounding loss. Use these activities to help bridge the gap between you and your child and to help you both find comfort in a difficult situation. You'll find all the tools you need to help your child (and even yourself) healthily process your grief and move towards happiness, understanding, and acceptance together.

be my teacher parents guide: A Parent's Guide to Cleft Lip and Palate Karlind T. Moller, Clark D. Starr, Sylvia A. Johnson, Describes the nature and cause of cleft lip and palate, emphasizing the positive outlook for successful treatment and the role parents and caregivers play

be my teacher parents guide: Parent Guide: Parent Guide: Handling and Preventing Conflicts Robert Myers, PhD, 2024-04-13 Parenting is both rewarding and challenging. All first-time parents are only partially prepared to embrace the joys and struggles of parenting. Also, each child,

no matter where they are in the birth order in a family, is a unique being, requiring parents to adapt their parenting style to meet the needs and navigate the challenges of each child. The book's information and suggestions are based on the latest research and best practice recommendations in child development and clinical child and adolescent psychology. They also come from the author's experience as a child, adolescent, father, grandfather, clinical child and adolescent psychologist, and educator for child psychology doctoral students and child psychiatry fellows. The first three chapters cover what to expect in each stage of normal development, which provides perspective on what to expect as a child moves from toddler to high schooler. Knowing what to expect provides guidelines for providing appropriate nurturing and structure for each stage of development. Human behavior is all about the brain. Once parents understand the basics of neurodevelopment, they can encourage and support the healthy development of critical executive functions that enable children to learn, adapt to change, interact appropriately with others, and navigate the challenges and disappointments in life. Also, continuously focusing on building and growing connectedness and supporting a healthy lifestyle for all family members substantially contributes to each member's general well-being and for the family unit's good. Chapters four through eight help parents and children develop skills for mutually beneficial interaction. These skills will allow you to avoid and work through conflicts when necessary. Chapters nine through eleven provide how-to guides for handling common parent-child conflict scenarios. Each chapter provides examples and easy-to-follow steps to implement the suggestions for each stage of development: toddler, preschool, school-age, middle school, and high school. The appendix provides guidance on when to seek professional help, links to valuable resources, and directions and charts for implementing evidence-based solutions for parent-child and family problems and promoting positive relationships.

be my teacher parents guide: *Getting Started in Ballet : A Parent's Guide to Dance Education* Anna Paskevskaja Chair of the Dance Department Chicago Academy for the Arts, 1997-10-20 Many children dream of being a ballerina. Chin raised with purpose, arms high above head, they twirl clumsily around the living room and leap tirelessly in the air. Sooner or later they're bound to say, I want to dance. Now what do you do? How do you know if the time is right? Where's the best place to start? In *Getting Started in Ballet*, Anna Paskevskaja draws from her training at the Paris Opera Ballet School and the Royal Ballet School in London and her career as a professional dancer and teacher to offer a step-by-step introduction to dance education for parents with children starting ballet. Paskevskaja begins with a historical overview of dance and discusses the fundamental virtues and many life-long skills it imparts. Dance teaches children how to cooperate and support each other's efforts; encourages them to work in harmony with others; helps establish a child's spatial relationships; and promotes discipline and responsibility. Paskevskaja outlines the proper sequence for training in ballet based on a child's physical and mental development. She clearly demonstrates how ballet's early training, focusing on repetition of simple motion such as exercises at the barre and basic jumps, establish pathways for all later movements not only in ballet, but in modern dance, jazz, and tap as well. Written in a clear and accessible style and full of anecdotes from Paskevskaja's long professional dance-related career, *Getting Started in Ballet* offers helpful information on types of dance schools and how to select the right school for your child. Included is valuable information on choosing a dance instructor, the role both parents and teachers should play in a child's learning experience, and the qualities the ideal teacher should possess. Also discussed are more practical matters such as the appropriate clothing to wear while practicing, the importance of shoes that fit properly, how to secure pointe shoes, tips for avoiding injury, and how to balance training and performing experience during the formative years. A special chapter covers proper diet, eating disorders, and ways to recognize symptoms of imbalance. Finally, Paskevskaja touches upon the professional world of dance, attending college as a dance major, and advice on choosing careers that benefit from a background in dance. With forewords by Violette Verdy, a preeminent ballerina affiliated with the New York City Ballet and the Paris Opera Ballet, and Sybil Shearer, a pioneer of American modern dance, as well as an extensive appendix of performing arts schools and dance programs throughout the United States, *Getting Started in Ballet* gives parents the advice they need

to make their child's dance experiences both enjoyable and constructive.

be my teacher parents guide: The Parents' Guide to Psychological First Aid Gerald Koocher, Annette La Greca, 2010-11-01 Does your young daughter talk endlessly about invisible friends, dragons in the basement, and monsters in the closet? Is your teenager about to start high school or being victimized by bullies? Is your son mortally afraid of certain insects or of injections at the doctor's office? Compiled by two seasoned clinical psychologists, The Parents' Guide to Psychological First Aid brings together articles by recognized experts who provide you with the information you need to help your child navigate the many trying problems that typically afflict young people. Written in an engaging style, this book offers sage advice on a raft of everyday problems that have psychological solutions. The contributors cover such topics as body image and physical appearance; cigarettes, drugs, and alcohol; overeating and obesity; dental visits; the birth of a sibling and sibling rivalries; temper tantrums; fostering self-esteem; shyness and social anxiety; and much more. Each expert article provides an overview of the issues, offers reassurance for minor problems and strategies for crisis management, and discusses the red flags that indicate that professional help is needed. In addition, the book is organized into various categories to make it easier to find information. For instance, the Family Issues section includes articles on Blended Families, Divorce, and Traveling; the Adolescent Issues section covers such topics as Dating and Driving; and the Social/Peer Issues section explores such subjects as Sportsmanship, Homesickness, and Making Friends. An encyclopedic reference for parents concerned with maintaining the mental health of their children, this indispensable volume will help you help your child to deal effectively with stress and pressure, to cope with everyday challenges, and to rebound from disappointments, mistakes, trauma, and adversity.

be my teacher parents guide: The Everything Parent's Guide to Raising Girls Erika V Shearin Karres, 2011-03-18 Raising a girl in today's world is more complicated than ever. How do you help your daughter navigate through her world of school cliques, confusing media messages, and pressures to be a good girl? Newly revised and updated, this guide gives you smart and comprehensive advice on the trials and triumphs of raising a daughter. Parenting expert Dr. Erika Shearin Karres prepares you for every stage, including: Handling tantrums, bad moods, and potty training Dealing with cliques, bullies, and peer pressure Coping with puberty and menstruation Keeping up with texting, social media, and online relationships Addressing the issues of drinking, smoking, drugs, and sex Enforcing rules and discipline Dr. Karres shows you how to raise your girl with ease, skill, and confidence even in today's challenging world!

be my teacher parents guide: Eeny, Meeny, Miny, Mo: A Parent's Guide to School Choice Marla Dunn, 2012-08-13 This practical guide will help parents understand the school choices available to them and explain the pros and cons of each choice. A complete source of information for anyone concerned with giving their child the best education possible.

be my teacher parents guide: A Parents' Guide to Grading and Reporting Matt Townsley, Chad Lang, 2023-09-15 Whether resulting from the educational fallout of the COVID-19 global pandemic or merely challenging the status quo, more schools are transitioning their grading practices away from traditional points and percentages and toward 21st century grading practices such as standards-based and proficiency-based grading. A Parents' Guide to Grading and Reporting: Being Clear about What Matters assists parents and guardians in understanding what is involved in 21st century grading and how to become better partners with educators in efforts to understand students' strengths and areas for improvement.

be my teacher parents guide: A Parents' Guide to Quality Schools James R. Lewellen, 1994

be my teacher parents guide: Know it All, Find it Fast for Youth Librarians and Teachers Christine Donnelly, 2012 A brand new version of the best-selling enquiry desk reference text, Know it All, Find it Fast, specifically designed for those working with children and young people in schools, public libraries and at home. Including an invaluable overview of the education system and the school curriculum as well as a comprehensive listing of useful resources by topic, this A-Z covers school subjects from science and maths to reading and literacy, and more general themes

such as children's health, wellbeing and hobbies. Each topic is broken down into useful sections that will help to guide your response; Typical questions outline common queries such as 'Have you got any information about volcanoes?' Considerations provides useful hints and tips i.e. 'Geography now encompasses not only physical and human geography but also environmental geography, social geography, geology and geopolitics.' Where to look lists relevant printed, digital and online resources with useful annotations explaining their scope and strengths Readership: This is the must-have quick reference tool arming librarians and teachers with the knowledge to deal with any queries thrown at them from children and young people as well as their parents and caregivers. It will also be a handy reference for parents and anyone working with children and young people in other organizations such as homework clubs and youth workers.

be my teacher parents guide: *The Parents' Review*, 1894

be my teacher parents guide: **The Parent's Guide to Homeopathy** Shelley Keneipp, 2015-07-14 This book is the most comprehensive and easy-to-use guide available for parents who want to use homeopathy to treat their children's illnesses safely, gently, and effectively. Practical, concise, and user-friendly, The Parents' Guide to Homeopathy provides homeopathic remedies for more than 150 acute conditions, from annoying to threatening, that arise in the everyday lives of kids. Instructions on how to observe physical and emotional symptoms in kids from newborns to teens; succinct descriptions of gentle, safe, and nontoxic remedies; and sections on winter ailments, first-aid, enhancing healing, and travel put a wealth of knowledge at parents' fingertips. Remedy tables at the back of the book help decipher the correct treatment for each condition. Shelley Keneipp shares her wealth of knowledge and many years of experience to provide a clear, simple education concerning homeopathic remedies. She empowers parents who want to break the habit of relying exclusively on medical expertise and instead to use relatively economical over-the-counter remedies without worrying about harmful side effects. She suggests essential remedies to stock for any household first aid kit; provides background on common ailments such as coughs, colds, fevers, and digestive problems; and includes eye-catching sidebars that alert readers to conditions that demand immediate medical attention. Boxed entries clue readers to what symptoms to observe and how to differentiate between similar presentations. Taken together, these features make this book the gold standard for parents who want apply the gentlest possible cure in the shortest possible time with the fewest reasons for intervention.

be my teacher parents guide: *A Parent's Guide to Gifted Children* James T. Webb, 2007

Practical guidance in key areas of concern for parents, such as peer relations, siblings, motivation and underachievement, discipline, intensity and stress, depression, education planning, and finding professional help.

be my teacher parents guide: A Parents' Guide To Primary School Elizabeth Grahamslaw, 2011-05-31 Education is an obsession for parents and children alike and parents will worry about anything to do with their children's schooling, from which school to choose and when their child should start to what they need to learn and how they'll cope in the playground. Schools are crying out for parents to become more involved in their children's education. A Parents' Guide to Primary School contains indispensable advice on: - Pre-school and choosing the right primary school - Getting ready for school and the first day - The curriculum, SATs, homework and the importance of parents' involvement in their children's learning - Discipline and bullying - Governors and the PTA - how to get involved - Parents' evenings and reports - Extracurricular activities - Special needs - Moving on - preparing for secondary school

be my teacher parents guide: *The 2017 Parents' Guide To Primary Schools* Liz Free, 2016-11-23 Ensuring a happy, safe and enriching education that meets your child's needs is one of the greatest challenges parents face today. With increased schooling options available and increasing variation in what schools offer and how they operate, there is a labyrinth of information and education jargon that parents need to navigate. 'The 2017 Parents' Guide to Primary Schools' aims to demystify primary education in the UK through providing accurate up-to-date information and friendly expert advice from Liz Free, a parent and internationally renowned teacher, head

teacher and education leader. From choosing a school to understanding how you can best support your child to ensure they have a happy and fulfilling beginning to their school life, this book will be an invaluable resource for parents as they embark on their journey through the complex but joyous world of the primary years.

be my teacher parents guide: The Conscious Parent's Guide to Executive Functioning Disorder Rebecca Branstetter, 2016-01-01 Help your child feel confident and capable! If your child has been given a diagnosis of executive functioning disorder, you may be feeling overwhelmed and unsure of what to do next. You want your child to be able to master certain basic skills, such as being organized, staying focused, and controlling impulses and emotions. But what if your child is having trouble with one or all of these skills? With The Conscious Parent's Guide to Executive Functioning Disorder, you'll learn how to take a relationship-centered approach to parenting as you help improve your child's executive functioning skills: Task initiation Response inhibition Focus Time management Working memory Flexibility Self-regulation Completing tasks Organization Conscious parenting is about being present with your children and taking the time to understand how to help them flourish. With the strategies and advice in this guide, you and your child will build sustainable bonds, develop positive behaviors, and improve executive functioning skills for life. And you'll find that conscious parenting helps create a calm and mindful atmosphere for the whole family, while helping your child feel competent, successful, and healthy.

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